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--May 13, 2009--

2008-09 All-Sports Champions

Monmouth Men, St. Norbert Women Each Add Another All-Sport Title

RIPON, WIS. -- The completion of the 2008-09 Midwest Conference Championships schedule saw the Monmouth men and St. Norbert women capture the respective MWC Men's and Women's All-Sports Championships. The Monmouth men retain the Ralph Shively Men's All-Sports Championship Trophy after winning for the fifth year in a row and fifth time overall. The St. Norbert women also retained the Ralph Shively Women's All-Sports Championship Trophy for the third consecutive year and now own a league-best eleven women's all-sports titles overall. The all-sports champions are crowned on a point system that rewards schools based on their standing in each of the MWC's 20 sports (See standings below: 10 points for 1st place, 9 for 2nd, etc. X indicates a school does not sponsor sport).

The Monmouth men held true to their form taking home both the Indoor and Outdoor Track and Field Championships, while also adding a football and golf title to help total 80.0 points. The Green Knight women tallied Championships in volleyball, soccer, and softball to finish with 75.5 points, edging out the Monmouth women by a point and a half.

The trophies are named for **Ralph Shively**, former Chair of the Mathematics Department at Lake Forest College, who was actively involved in the MWC as a Faculty Athletic Representative beginning in 1974 before becoming the Conference Commissioner in 1982. Shively held the Commissioner post until 2004 and currently resides in Bridgewater, Virginia.

--PAST MWC ALL-SPORTS CHAMPIONS--

Year	MEN	WOMEN	Year	MEN	WOMEN
2008-09	Monmouth	St. Norbert	1988-89	Knox	St. Norbert
2007-08	Monmouth	St. Norbert	1987-88	Knox	St. Norbert
2006-07	Monmouth	St. Norbert	1986-87	Knox	St. Norbert
2005-06	Monmouth	Grinnell	1985-86	Coe	St. Norbert
2004-05	Monmouth	Grinnell	1984-85	Coe	St. Norbert
2003-04	St. Norbert	St. Norbert	1983-84	Coe	Cornell
2002-03	Grinnell	St. Norbert	1982-83	Carleton	Coe
2001-02	Grinnell	Lawrence	1981-82	Carleton	Coe
2000-01	Grinnell	Carroll	1980-81	Carleton	Cornell
1999-00	Ripon	Carroll	1979-80	Carleton	Grinnell
1998-99	Grinnell	Carroll	1978-79	Carleton	Knox
1997-98	Grinnell	Carroll	1977-78	Carleton	---
1996-97	Knox	Coe	1976-77	Carleton	---
1995-96	Coe	Knox	1975-76	Coe	---
1994-95	Coe	Coe	1974-75	Coe	---
1993-94	Coe	Coe	1973-74	St. Olaf	---
1992-93	Coe	Coe	1972-73	St. Olaf	---
1991-92	Coe	Beloit/ Lawrence	1971-72	St. Olaf	---
1990-91	Coe	St. Norbert	1970-71	St. Olaf	---
1989-90	Coe	Lawrence	1969-70	St. Olaf	---

2008-09 MEN'S ALL-SPORT STANDINGS

School	FB	SOC	XC	BKB	SWM	ITRK	TEN	GOLF	OTRK	BASE	TOTAL	RANK
Beloit	5.5	6.0	6.0	1.5	3.0	4.0	1.0	2.0	4.0	10.0	43.0	8th
Carroll	7.0	10.0	5.0	7.5	5.0	8.0	5.0	8.0	7.5	2.0	65.0	4th
Grinnell	2.5	8.0	10.0	9.5	10.0	6.0	10.0	6.5	7.5	7.0	77.0	2nd
Illinois College	5.5	4.0	3.0	6.0	2.0	9.0	2.0	4.0	9.0	3.5	48.0	t6th
Knox	2.5	1.0	1.0	1.5	4.0	3.0	3.0	6.5	3.0	5.5	31.0	9th
Lake Forest	4.0	5.0	2.0	4.0	6.0	X	6.0	X	X	X	27.0	10th
Lawrence	1.0	7.0	4.0	9.5	8.0	2.0	8.0	3.0	2.0	3.5	48.0	t6th
Monmouth	10.0	3.0	8.0	3.0	9.0	10.0	9.0	10.0	10.0	8.0	80.0	1st
Ripon	9.0	2.0	7.0	5.0	7.0	5.0	4.0	5.0	5.0	5.5	54.5	5th
St. Norbert	8.0	9.0	9.0	7.5	X	7.0	7.0	9.0	6.0	9.0	71.5	3rd

2008-09 WOMEN'S ALL-SPORT STANDINGS

School	VB	SOC	XC	TEN	GOLF	BKB	SWM	ITRK	SB	OTRK	TOTAL	RANK
Beloit	9.0	3.5	5.0	6.0	0.0	7.5	4.0	4.5	1.5	4.0	45.0	6th
Carroll	4.0	9.0	9.0	5.0	8.0	4.0	7.0	9.0	3.5	9.0	67.5	3rd
Grinnell	2.5	7.5	7.5	10.0	9.0	2.5	10.0	3.0	3.5	6.0	61.5	5th
Illinois College	6.5	1.0	1.0	1.0	10.0	7.5	1.0	4.5	5.5	5.0	43.0	8th
Knox	2.5	2.0	2.0	2.5	5.0	2.5	3.0	2.0	1.5	3.0	26.0	10th
Lake Forest	5.0	7.5	3.0	4.0	X	5.5	8.0	X	8.0	X	41.0	9th
Lawrence	1.0	6.0	4.0	9.0	X	1.0	9.0	6.0	5.5	2.0	43.5	7th
Monmouth	6.5	5.0	10.0	8.0	6.0	5.5	6.0	10.0	7.0	10.0	74.0	2nd
Ripon	8.0	3.5	6.0	2.5	7.0	10.0	5.0	7.0	9.0	7.0	65.0	4th
St. Norbert	10.0	10.0	7.5	7.0	4.0	9.0	2.0	8.0	10.0	8.0	75.5	1st

