

Wellness Committee Survey Results

Self-Assessment of Personal Health

	Poor %	Fair %	Good %	Excellent %
All (N=240)	1.7	11.7	62.9	23.8
Faculty (N=76)	0	6.6	56.6	36.8
Administrative Staff (N=59)	0	8.5	71.2	20.3
Support Staff (N=93)	4.3	16.1	62.4	17.2
Males (N=71)	1.4	14.1	52.1	32.4
Females (N=161)	1.9	11.2	67.1	19.9
18-30 yr olds (N=65)	3.1	15.4	67.7	13.8
40 – 49 yr olds (N=72)	2.8	16.7	58.3	22.2
50 – 59 yr olds (N=74)	0	6.8	60.8	32.4
Over 60 (N=28)	0	3.6	71.4	25.0

Percentage of Respondents Answering: How often do you have a comprehensive physical exam?

	Yearly	Every 2 years	Every 3 years	More than 3 years
All (N=241)	52.1	19.4	12.0	16.1
Faculty (N=76)	46.1	19.7	14.5	19.7
Administrative Staff (N=61)	57.4	21.3	11.5	9.8
Support Staff (N=92)	53.3	18.5	10.9	17.4
Males (N=71)	28.2	25.4	16.9	29.6
Females (N=162)	61.7	17.9	10.5	9.9
18-30 yr olds (N=65)	47.7	27.7	6.2	18.5
40 – 49 yr olds (N=72)	48.6	18.1	12.5	20.8
50 – 59 yr olds (N=73)	57.5	15.1	13.7	13.7
Over 60 (N=30)	56.7	16.7	20.0	6.7

Percentage of Respondents Answering: How often do you participate in a blood screen?

	Yearly %	Every 2 years %	Every 3 years %	More than 3 years %
All (N=240)	31.7	56.3	4.2	7.9
Faculty (N=76)	37.3	50.7	1.3	10.7
Administrative Staff (N=59)	23.0	59.0	6.6	11.5
Support Staff (N=92)	31.6	58.0	5.4	3.3
Males (N=71)	35.7	47.1	7.1	10.0
Females (N=161)	29.6	59.9	3.1	7.4
18-30 yr olds (N=64)	23.4	54.7	6.2	15.6
40 – 49 yr olds (N=71)	22.5	63.4	2.8	11.3
50 – 59 yr olds (N=74)	35.1	59.5	4.1	1.4
Over 60 (N=30)	63.3	33.3	3.3	0