



# Community



## *Service*

# Volunteer

# Handbook

## Community Service Program

Center for Religion, Spirituality, and Social Justice

1233 Park Street, Grinnell, Iowa 50112

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URL: <http://www.grinnell.edu/offices/communityservice>

Susan Sanning, Community Service Coordinator

## **Sarah Boyer '08** **Community Service Award**

The Sarah Boyer '08 Community Service Fellowship is given each year in order to fund a summer service project in the community of Grinnell. The fellowship is designed to allow one or more students to carry out a project to serve the common good. There are no restrictions on the class year of applicants, and the purpose of the fellowship is defined broadly so as to encourage student creativity about how they can best use their particular skills, talents, and interests to serve their community. In 2010-11, the fellowship amount was \$3,500; if desired, fellowship recipients may also be allowed to reside rent-free in college-owned housing for the duration of their project.

Details available at:

<http://www.grinnell.edu/offices/SocialCommitment/awards/boyer>

## **Davis Project for Peace Award**

Davis Projects for Peace is an invitation to undergraduates to design grassroots projects that they will implement during the summer. The projects judged to be the most promising and do-able will be funded at \$10,000 each. The objective is to encourage and support today's motivated youth to create and try out their own ideas for building peace.

Details available at:

<http://www.grinnell.edu/offices/socialcommitment/awards/davis>

# Grinnell College Community Service Program Handbook of Volunteer Opportunities

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*If your group or organization is interested in being included in future editions of this publication, please contact Susan Sanning at the Grinnell College Community Service Center at 641-269-4827 or [sannings@grinnell.edu](mailto:sannings@grinnell.edu).*

# Volunteer Opportunities Through Campus Groups & Offices

## STUDENT COORDINATED GROUPS

### **Active Minds**

Coordinators: Charlotte Feddersen '13 and Dana Bricken '12 ([gcminds@grinnell.edu](mailto:gcminds@grinnell.edu))

Active Minds at Grinnell College is part of a national organization that works to destigmatize mental health illnesses and issues on campus. The goal of our group is to get Grinnell talking about mental health, because issues surrounding mental health affect the entire community—not simply those with diagnosed disorders. In the past, Active Minds has sponsored events surrounding mental illnesses including depression, eating disorders, and bipolar disorder as well as open houses designed to create friends-as-mental-health-advocates, screen individuals for depression, and relieve stress. If you are passionate about promoting positive mental health practices, want to learn more about mental illnesses and mental health issues, and are looking for a supportive group atmosphere, then Active Minds at Grinnell College is the right group for you! Please join us!

### **Adopt-A-Grandparent**

Coordinator: Susan Sanning ([sannings@grinnell.edu](mailto:sannings@grinnell.edu) )

This service opportunity allows college students to provide companionship for older adults. Wisdom is exchanged in the process as seniors reflect on their lives with someone outside of their families. Students offer older adults a contemporary perspective about life and current events. Older adults will learn more about the college and students from all over the country and world. Students are engaged in life outside of the college and hopefully establish relationships that will outlive their stay.

### **AJust Grinnell**

Student Coordinator: TBD ([ajust@grinnell.edu](mailto:ajust@grinnell.edu))

AJust Grinnell is a student group dedicated to promoting campus education about issues of privilege and oppression and building community. The group was created after the homophobic hate crimes in the spring of 2008 when a group of students gathered to give queer ally trainings to their peers. AJust now provides workshops on many different types of oppression such as racism, sexism, heterosexism, ableism, and classism. During the 2009-10 academic year, AJust hosted peer-to-peer workshops on gender neutrality in college housing, knowing your rights with the police, disability rights at Grinnell, and conducted safe space training for the writers of the Scarlet & Black. If you want to become involved, email us to be added to the email list and to be informed about programming and meeting times.

### **Alternative Break**

Student Coordinators: Shanna Nichols '13, Tyler Banas '13, Jeremy Sanchez '14, Rosemary Rast '14, Radka Slamova '13, and Joo Young Yim '13 ([AltBreak@grinnell.edu](mailto:AltBreak@grinnell.edu))

The Alternative Break Program is a student-run organization dedicated to providing Grinnell students the opportunity to travel as members of an intentional community of service such that they may experience new perspectives, develop leadership skills, and practice cooperation through educational and hands-on community service during college breaks. We organize student-led service trips for both fall and spring break that go to cities all over the country and to neighboring countries. While our primary focus is on poverty issues, we also work with environmental, health, elderly, and kids programs. Workplaces often include soup kitchens, homeless shelters, after-school programs, painting, construction, trail clearing, clinics and HIV/AIDS programs. Trip information sessions are in early September and early February for Fall and Spring Breaks. If you would like to know more, or would like to lead a trip, email us!

### **Campus Advocates**

Coordinators: TBD ([advocates@grinnell.edu](mailto:advocates@grinnell.edu))

Campus Advocates are students who undergo training in the dynamics of intimate partner violence and sexual assault. Advocates can engage in a variety of activities such as leading workshops and information sessions for other Grinnell students and community members, facilitating healthy relationship classes for teens, and helping plan fundraisers. Advocates have the option to also seek state certification allowing them to provide direct service to victims/survivors of intimate partner violence and sexual assault.

### **College Buddies**

Coordinator: Megan Januska '12 ([Buddies@grinnell.edu](mailto:Buddies@grinnell.edu))

College Buddies, a program within Big Brothers Big Sisters, matches Grinnell college students with kindergarten through 4<sup>th</sup> grade students from Davis, Bailey Park, and Fairview Elementary Schools who are in need of a caring, positive role model. College students spend at least one hour a week individually with their buddies and have the opportunity to attend larger group gatherings throughout the year. Contact us, or program coordinator Francesca Cunningham ([dfcham@iowatelecom.net](mailto:dfcham@iowatelecom.net)) for more information.

### **English as a Second Language: Woodbury School**

Coordinators: Luis Vallejo '13 ([GrinnellESL@grinnell.edu](mailto:GrinnellESL@grinnell.edu))

Grinnell ESL travels to Marshalltown to volunteer at the Woodbury Elementary School. This is a dual-language school where all students are expected to gain proficiency in both Spanish and English. We tutor students after school on Thursdays, and have started a Saturday school program to provide tutoring and group activities on Saturday mornings. There are many opportunities to provide a positive role model for the many immigrant families who may not realize that a college education is attainable for their children.

### **Feminist Action Coalition (FAC)**

Coordinators: Hannah Kapp-Klotte '13, and Claire Williams '13 ([FAC@grinnell.edu](mailto:FAC@grinnell.edu))

The Grinnell Feminist Action Coalition is an organization motivated around the goal of promoting and activating feminist issues in Grinnell's college and town communities. Our membership is open to students, faculty, staff and town residents of all genders concerned with the similar goal of promoting knowledge and action on issues of gender and women's rights.

### **Free the Planet (FTP)**

Coordinators: Jackie Blair '12 and Savannah Duby '13 ([FTP@grinnell.edu](mailto:FTP@grinnell.edu))

Free the Planet, or FTP, is one of the oldest groups on Grinnell's campus. With a rich history of involvement in diverse campaigns to protect various aspects of the earth, we now place all of our energies into combating global warming. A healthy earth is in the best interest of our global community, and we seek to make an impact through various facets of the environmental movement. Currently we are working with the administration to invest in wind turbines to provide energy for the college campus. Many national organizations also rely heavily on Grinnell's chapter of FTP to participate in campaigns that hold corporations accountable for their environmental impact. Recent campaigns we have been involved with include Victoria's Dirty Secret, KleerCut and the Think Outside the Bottle campaign. We continue work on a more local, community-based level reaching out to schools and youth-based programs. The notebook project (notebooks constructed from old cereal boxes or beer cartons and half used notebook paper) continues and has served as a model for colleges and universities throughout the nation.

### **Friday Fun Night (formerly Alternative Happy Hour)**

Coordinators: Phil Brogdon '12, Justine Turnbull '13, and Rita Wells '12 ([AHH@grinnell.edu](mailto:AHH@grinnell.edu))

Each Friday, from 4:45-9:00 PM throughout the school year we travel to Des Moines with a group of 15-20 Grinnell student volunteers to work with children in a low-income neighborhood. Our kids range from 5-13 years old and we expect between 20-40 kids per week. We plan activities around a different theme for each session--for example, science projects, art, drama, multicultural night, etc. Our volunteers are encouraged, but not expected to come every week. We also offer an optional volunteer training session each fall and we bring the kids to campus as a field trip each spring.

### **Grandparents Service Group**

Coordinators: Anna-Lisa Bowans '12, ([Grandparents@grinnell.edu](mailto:Grandparents@grinnell.edu))

Grandparents Service group is a student group that helps to meet the various needs of senior citizens living in Grinnell. We work with the nursing homes in town to plan several group projects a month. Some previous events we participated in include a wine and cheese party, planting flowers, bingo, movie night, and many more.

### **Grinnell Sisterhood Project**

Coordinator: Amanda Muskat '13 ([sisterhood@grinnell.edu](mailto:sisterhood@grinnell.edu))

At Grinnell, we frequently talk about women's rights; here's a chance to put our words into meaningful action. The Grinnell Sisterhood Project is a program whose volunteers will educate each other, as well as students at the local high school, about feminist issues within Grinnell and around the globe. Not only will the Grinnell Sisterhood Project take an active role in educating the Grinnell Community about feminist issues, but its members (volunteers and students) will pledge to complete at least one women's rights-focused service project. Projects might be as small as writing a 'letter to the editor' or as large-scale as throwing a campus event. Meetings will alternate each week. Volunteers will meet every other week to plan discussion topics and create lesson materials, and on alternating weeks they will go to the high school and meet with students. The Grinnell Sisterhood Project aims to equip all members to be effective advocates for women's rights.

### **Grinnell Women in Science (GWIS)**

Coordinators: TBD ([GWIS@grinnell.edu](mailto:GWIS@grinnell.edu))

Grinnell Women in Science is a group of science-oriented women who come together to promote female involvement in the sciences. Not all the members of GWIS are science majors! The group started in 1994 to produce the Saturday Science program, through which GWIS invites girls from the 5th and 6th grades at Grinnell Middle School to join us four Saturdays each semester to explore science together. Fundamental to the group is the belief that women are capable of being wonderful scientists, and have as much inherent interest in science as men.

## **Hospital Helpers**

Coordinators: Rosemary Rast '14 and Katherine Sittig '14 ([hospital@grinnell.edu](mailto:hospital@grinnell.edu))

Hospital Helpers is a student-run service group that travels to the Grinnell Regional Medical Center once a week to volunteer. Students can volunteer at GRMC in many capacities, including working in the gift shop, delivering flowers or meals to patients, and interviewing patients for the medical center's Living Portraits program. Our goal is to facilitate patient healing by making a patient's stay as enjoyable as possible. If this sounds like something you would be interested in, feel free to email us, and we will get you involved!

## **Kids' Art**

Coordinators: Heln Lewandowski '12; Caitlin Deutsch '12 ([KidsArt@grinnell.edu](mailto:KidsArt@grinnell.edu))

Kid's Art is a program run by a group of students who love kids and doing art, and who go to the Grinnell Middle School to teach a wide variety of art projects to kids involved in the after-school program there.

## **Ni Ka Na Meskwaki Buddy Program**

Coordinators: Maya Andelson '12; Kayla Koether '12 ([meskwaki@grinnell.edu](mailto:meskwaki@grinnell.edu))

The creation of the Ni Ka Na (meaning "friend" in the Meskwaki language) Meskwaki Buddy Program was inspired by several Grinnell students' past attempts to begin a mentoring program in partnership with the Meskwaki Settlement School (MSS) on the Meskwaki Indian Settlement in Tama, Iowa. The basic framework for the program resembles that of the national Big Brothers Big Sisters program in that each Grinnell College volunteer is paired with one student at the MSS, to act as their friend, mentor, and partner in learning. The Grinnell students will visit the MSS as a group on the same day each week, for an afternoon of homework time, games, and group workshops or programs with local guest speakers, artists, musicians, or craftspeople. The goal of the Ni Ka Na program is for Grinnell students to learn about Meskwaki culture, to provide a friend for students who may need one, and to learn about new hobbies or careers together with their "little" brother or sister. For Grinnell students who may be interested in volunteering at the MSS but cannot attend on the chosen program day, or who are not able to make the ongoing commitment to a student, there are several opportunities for more independent volunteering with the school's after-school program or with particular teachers. All volunteers are required to pass a background check before volunteering at the school. Because this program focuses heavily on cultural respect and awareness, Grinnell students are expected to participate with open minds and sensitivity to cultural differences.

## **ReNew**

Coordinators: Leslie Bean '13 ([renew@grinnell.edu](mailto:renew@grinnell.edu))

ReNew was started in fall 2006 as ReNew Orleans to support the efforts of Grinnell College students interested in volunteering in post-Hurricane Katrina New Orleans. ReNew coordinates all aspects of service trips to the Big Easy during school breaks including the volunteer work site, housing, meals, and transportation. Participants have the opportunity to meet a cross-section of Grinnellians, most current students and alumni, and have fun while helping others!

## **Social Justice Action Group (SJAG)**

Coordinators: Kevin Nayar '12 ([SJAG@grinnell.edu](mailto:SJAG@grinnell.edu))

SJAG is a student group that works to bring about positive social change, especially within the Grinnell community. They work on a variety of projects, including a yearly coat drive, Kids Against Hunger, and their biggest project, the Grinnell Community Meal, which began in the fall of 2000. The Community Meal is served every Tuesday evening at 5:30 PM. SJAG meets every other Monday at noon in the Center for Religion, Spirituality and Social Justice (1233 Park Street). Volunteers are always needed to help with the meal, whether it is shopping, preparing and serving food, or cleaning up.

## **Stonewall Resource Center**

Manager: TBD ([srcenter@grinnell.edu](mailto:srcenter@grinnell.edu))

The Stonewall Resource Center (SRC) was originally established as the Human/Gay Resource Center in 1986. It is named in commemoration of the Stonewall Riots of 1969, when New York City police raided a Greenwich Village gay bar called the Stonewall Inn. The rebellion gave birth to the Gay and Lesbian Pride movement in the United States.

The Stonewall Resource Center, located in Younker Pit, exists as a confidential safe space to serve the campus' Gay, Lesbian, Bisexual, Transgendered, Queer and Questioning community and their Allies. Our primary focus is to provide resources and information about GLBTQ issues and to facilitate educational programming and activities on campus. The Stonewall Resource Center is also a meeting space for 9 other student groups. A library, which contains over 1,500 books and 150 movies, is open to all students for both personal and academic needs, and is searchable through the Grinnell College library website. The Stonewall Resource Center is staffed by volunteer monitors from 4:30-11:30 PM Monday-Friday and from 1:00-4:00 PM Saturday and Sunday. Monitors and staff are available to discuss questions, concerns, or anything else that may be on your mind.

## **SGA Student Services Committee**

Chair: Maria Elena Higgs '12 ([Service@grinnell.edu](mailto:Service@grinnell.edu))

The Student Services Committee plans, publicizes, organizes and executes service for the student body. These events often take the form of community service events such as FogFast and the Red Cross Blood Drive. The committee also works on events such as the used book sale, the poster sale, and student initiatives. The chair of the Committee is the Student Services Coordinator, the SGA contact person for all student groups on campus. For details e-mail the Student Services Coordinator, stop by the SGA Offices (2nd floor JRC), or call x3317.

## **Unified Sports**

Coordinators: Pete Marsho '12; Sheley Jeanninn '12, & Ronnie Gray '12 ([Unified@grinnell.edu](mailto:Unified@grinnell.edu))

Unified Sports is a program based on team sports and made up of a mixture of athletes who have disabilities and athletes who do not. In addition to developing sports skills and becoming more physically fit, participants are also given the opportunity to develop friendships that otherwise might not exist. The Grinnell chapter goes bowling about eight weeks out of the semester and has a pizza party at the end of each semester.

## OTHER COLLEGE SPONSORED OPPORTUNITIES

### **Environmental Issues:**

#### **Conard Environmental Research Area (CERA) and Center for Prairie Studies**

1205 Park St., Grinnell, IA 50112

Contact: Larissa Mottl (office—641-269-4717; cell—641-990-3109; [mottll@grinnell.edu](mailto:mottll@grinnell.edu))

Mission: The mission of CERA is to preserve and, through restoration, recreate a part of Iowa's vanishing natural heritage, providing a resource for the entire college, local schools, environmental groups, clubs, and the general public.

*Volunteers* may assist with environmental education at CERA for local elementary schools, assist with habitat restoration including seed collection, processing, and propagation; exotic species control; prescribed burning (requires some training); photographing class and outreach activities at CERA; update maps and work on website design. Volunteers will receive training in using GIS (Geographic Information System) software and may visit parks to collect data with GPS units and/or digitize features from aerial photographs.

### **Arts & Entertainment:**

#### **Falconer Gallery Arts Outreach Activities**

Bucksbaum Center for the Arts, Grinnell, IA 50112

Contact: Tilly Woodward (641-269-4663; [woodward@grinnell.edu](mailto:woodward@grinnell.edu))

Mission: The goal of the Falconer Gallery Arts Outreach program is to offer high quality, accessible arts and cultural programming for children, families, and the elderly in Grinnell year round. All programs are free to participants. The program rotates once a month to Mayflower Community, Galaxy Youth Center and Davis After-School Program, bringing a variety of arts activities that encourage creative expression and engage students physically, intellectually, socially and emotionally.

*Volunteers* are needed to help at the different sites—it's OK if you don't have a lot of art experience! If you can listen, show patience and interest, and help people find solutions, you will be wonderful.

### **Education:**

#### **Grinnell Prison Program**

1127 Park Street, Grinnell, IA 50112

Contact: Emily Guenther (641-269 4944; [grinnellinprison@grinnell.edu](mailto:grinnellinprison@grinnell.edu))

Mission: "As a teaching and learning community, the College holds that knowledge is a good to be pursued both for its own sake and for the intellectual, moral, and physical well-being of individuals and of society at large." — Grinnell College Mission Statement. The Liberal Arts in Prison Program extends these convictions to the inmates of local prisons in order to engage them in experiences of new knowledge, respectful exchange of ideas, and progressive levels of achievement. We believe this program supports the work of corrections staff to protect communities and transform lives, making the prisons safer, and preparing inmates to return renewed to their families and communities.

*Volunteers* design and facilitate courses in almost every discipline, from history, biology, and religious studies to workshops in the arts. They also tutor GED and math, produce performances both in prison and on campus, and work with incarcerated students to edit an annual anthology.

## **The Young Innovator for Social Justice Prize (“Grinnell Prize”)**

Center for Religion, Spirituality & Social Justice

1233 Park Street, Grinnell, IA 50112

Contact: Caroline Saxton (641-269-9829; [saxtonc@grinnell.edu](mailto:saxtonc@grinnell.edu) )

Mission: The Grinnell College Young Innovator for Social Justice Prize honors individuals under the age of 40 who have demonstrated leadership in their fields and who show creativity, commitment, and extraordinary accomplishment in effecting positive social change.

*Volunteers* are needed to review and rate nomination essays. Reviewers help identify the most promising, and a more reasonable number of, nominations for further consideration by the Selection Committee. Each nomination will be reviewed by at least three reviewers consisting of one alumnus/alumna, one student, and one faculty/staff. The number of students needed to review will depend on the number of nominations received that year. In the inaugural year (2010-11) of the Grinnell Prize, over 1,000 nominations were submitted. That year, 50 alumni, 50 students and 50 faculty/staff reviewed nominations. For the 2011-12 Grinnell Prize year, we will likely need volunteers to review and rate in late November/early December. *Time commitment: minimal (3-5 hours)*. For more information and to sign up to volunteer, please click on “Volunteer Opportunities” at <http://www.grinnell.edu/offices/chaplain/socialjusticeprize>

# Grinnell Community Enrichment



## **Claude W. & Dolly Ahrens Foundation**

1510 Penrose St., PO Box 284, Grinnell, IA 50112

Contact: Melissa Hull (641-236-5518;

[melissa@ahrensfamilyfoundation.org](mailto:melissa@ahrensfamilyfoundation.org))

*Mission:* We are a unique and innovative family foundation striving to help meet the needs of Grinnell and its neighboring communities through ongoing support and resources by maintaining and perpetuating an endowment. Our purpose is to provide improved and enhanced quality of life for present and future generations with interest in the areas of parks, recreation, education and health.

*Volunteers* are needed to assist the Claude W. & Dolly Ahrens Foundation with its charitable programs by providing general clerical tasks such as mailings, data entry, organizing current file systems, applying pledge payments for fundraising donations, reconciliation and other tasks as needed. These charitable programs include the Ahrens Park Foundation and Ahrens Park; Community Support Services; Dolly Ahrens Achievement Scholarship Award; Leave It Better Than You Found It; Lend A Hand; and the Claude W. Ahrens Charitable Trust.

## **Drake Community Library**

930 Park St., Grinnell, IA 50112

Contact: Marilyn Kennett (641-236-2661; [Marilyn@grinnelliowa.gov](mailto:Marilyn@grinnelliowa.gov))

*Mission:* Drake Community Library is committed to being the lifelong learning center of our community by providing free and open access to information and ideas in an inviting environment for all.

*Volunteers* are needed for the Adopt-A-Shelf Program, assisting with craft & story times, shelving materials, and special projects as needs arise.

## **Grinnell Area Arts Council**

926 Broad St., PO Box 657, Grinnell, IA 50112

Contact: Judy Arendt (office—641-236-3203; cell—641-990-3948; [judy@grinnellarts.org](mailto:judy@grinnellarts.org))

*Mission:* To promote, encourage, develop, and assist in the understanding, appreciation and financial support of the arts and other cultural activities in the Grinnell area.

*Volunteers* assist the head art teacher in a five day/week after school program for kids K-4. They may also assist in a separate after school arts program for middle school students. At the middle school level volunteers teach four week-long (twice/week) classes. Past and current classes have included printmaking, jewelry making, theatrical improve., comic book writing, filmmaking, and crochet. This provides a short-term opportunity to try out teaching and to connect with local kids. In addition, volunteers are need to teach in the Babel Tower Language Academy -- an extracurricular foreign language program for students of all ages. BTLA offers classes in French, Spanish, German, Chinese, and Japanese language and culture to young children (K-4), middle schoolers (5-8), and adults (9th grade and up). One hour, once/week classes use crafts, music, food, and games to explore cultural heritage and language. Volunteers are usually majors in or native speakers of the language and are trained in foreign language teaching techniques and course planning. If interested in Babel Tower, please contact Claire Moisan at [moisanc@grinnell.edu](mailto:moisanc@grinnell.edu). Finally volunteers are needed as ushers, technical directors & production designers/assistants for the community theater.

**Grinnell Historical Museum**

1125 Broad St., Grinnell, IA 50112

Contact: Vera Cousins (641-236-0051; [veracous@iowatelecom.net](mailto:veracous@iowatelecom.net))

Mission: The Grinnell Historical Museum collects and displays artifacts and photographs from Grinnell's past. The museum is open on Saturdays from 2:00—4:00 PM from September through May.

*Volunteers* are needed to attend to the museum, to serve as docents during public hours, to help with an electronic cataloging project, and for gardening. Hours can be flexible.

**Grinnell Recreation Department**

927 4th Ave., Grinnell, IA 50112

Contact: Kelly Johnson-Rose (641-236-2620; [recreation@grinnelliowa.gov](mailto:recreation@grinnelliowa.gov))

Mission: The Grinnell Recreation Department offers youth sports programs including T-ball, soccer, flag football, basketball, volleyball and track, in addition to other programs and facilities that are open to everyone.

*Volunteers* are needed mostly as volunteer coaches, team captains or in your recreational field of expertise.

**Imagine Grinnell Foundation**

1510 Penrose, Grinnell, IA 50112

Contact: Melissa Strovers (641-236-5518; [imaginegrinnell@iowatelecom.net](mailto:imaginegrinnell@iowatelecom.net))

Mission: A member-based, grassroots organization that stimulates initiatives to improve the quality of life for people, promote a healthy environment and complement economic development efforts. Created in 1985, the foundation has initiated or supported scores of community projects including the Farmer's Market, the Grinnell Area Recreation Trail, the Galaxy Youth Center, the Iowa Transportation Museum, the Arbor Lake Restoration project and city-wide recycling and beautification efforts.

*Volunteers* are needed to help with a variety of tasks related to community projects, grant writing, office work, web design and fundraising.

**Sullivan Bank Weekend Docent Program**

833 4th Ave., PO Box 538, Grinnell, IA 50112

Contact: Sheryl Parmley (641-236-6555; [events@grinnellchamber.org](mailto:events@grinnellchamber.org))

Mission: To provide weekend coverage to our downtown historical treasure, the "Jewel Box" bank, designed by Louis H. Sullivan.

*Volunteers* serve as ambassadors and greeters, no tours or memorization required. Shifts are Saturdays 10 AM-1 PM and 1-4 PM, and Sundays from 1-4 PM. If you enjoy meeting new people, consider becoming a docent at the Jewel Box bank.

# Environmental Issues



## **Poweshiek County Conservation Board**

Diamond Lake Park, 4896 Stagecoach Road, PO Box 666, Montezuma, IA 50171

Contact: Mark Vavroch (641-623-3191; [powcocon@netins.net](mailto:powcocon@netins.net))

Volunteers are needed to help with park maintenance, prairie maintenance and other projects that you have a desire to work on.

## **Rock Creek State Park**

5628 Rock Creek East, Kellogg, IA 50135

Contact: Roger Thompson (office—641-236-3722; cell—641-891-4108; [Rock\\_Creek@dnr.iowa.gov](mailto:Rock_Creek@dnr.iowa.gov))

Mission: To conserve and enhance our natural resources in cooperation with individuals and organizations to improve the quality of life in Iowa.

Volunteers are needed from time to time to aid park staff with various projects ranging from prairie restoration to trail improvements.

## **Tallgrass Prairie Audubon Society**

Contact: Russell Tabbert (641-236-7309; [rtabbert@iowatelecom.net](mailto:rtabbert@iowatelecom.net))

Mission: The Tallgrass Prairie Audubon Society is an affiliate of the National Audubon Society. Our members are in the east central Iowa counties of Poweshiek, Jasper, Marshall, and Tama. The majority of our active members are from the Grinnell area. The mission of Audubon is “to conserve and restore natural ecosystems, focusing on birds, other wildlife, and their habitats for the benefit of humanity and the earth's biological diversity.” Our chapter holds nature walks at various natural areas, hosts events at our preserves, and sponsors public programs. We put out a quarterly newsletter.

Volunteers: The Sugar Creek Audubon Nature Sanctuary is five miles west of Grinnell just off Highway 6. It is a 49-acre woodland with several small prairie remnants and a small prairie reconstruction. The property is a former Camp Fire Girls camp. One ongoing task that a volunteer might be interested in is cutting small shrubs using hand tools (loppers and pruning saws). We are working on an invasive alien shrub in the woods called “buckthorn.” This also involves squirting a chemical on the cut stem to prevent resprouting. There are also, from time to time, other physical labor tasks that we need to or want to do.

The Blue Point Woods Audubon Nature Sanctuary, located 10 miles southeast of Grinnell welcomes more academic activities, for example, biological research projects. Or someone might be interested in delving into the human history of one of the preserves. Species inventories would also be very useful.

# Health and Safety



## **American Red Cross, Iowa Rivers Chapter**

709 S. Center St., Marshalltown, IA 50158

Contact: Kimberly Trowbridge (641-753-3317 x5; [trowbridgek@iowarivers-redcross.org](mailto:trowbridgek@iowarivers-redcross.org))

Mission: This chapter of the Red Cross provides disaster relief in the event of tornadoes or interstate closings. Other work includes aiding families affected by house fires and developing a network of support to contribute to national or international disaster relief.

Volunteers are welcome to help with anything that interests them. Volunteers are needed to teach First Aid in the local elementary school. Instructors are also needed to teach Health, Safety and Disaster presentations. Training is available.

## **Domestic Violence Alternatives/Sexual Assault Center (DVA/SAC)**

PO Box 1507, Marshalltown, IA 50158 or 927 4th Ave., PO Box 373, Grinnell, IA 50112

Contact: (Marshalltown) Lynn Koch (641-752-3245)  
(Grinnell) DeAnn Hicks (641-236-7226)

Mission: DVA/SAC is an organization serving Marshall, Jasper, Poweshiek and Tama Counties that provides services to battered women and their children and to rape and sexual assault victims.

Volunteers are needed to be victim advocates, for which the Center provides 32 hours of training. Volunteers can then perform such services as answering the hotline, providing transportation, accompanying sexual assault survivors to the hospital with staff or to court, counseling, doing shelter work, facilitating support groups for women, helping with community education, or carrying a pager to help in emergency situations. There are other opportunities for volunteers without the training to do research or short-term projects, but the Center has the greatest need for trained volunteers. There is also a need for volunteers able to speak and translate Spanish and Sudanese.

## **Grinnell Regional Hospice**

306 4th Ave., Grinnell, IA 50112

Contact: Sheena Huls (641-236-2418; [shuls@grmc.us](mailto:shuls@grmc.us))

Mission: Grinnell Regional Hospice is a Medicare certified hospice that has been serving terminally ill patients and their families since 1982. Providing palliative care through a team of dedicated physicians, nurses, social workers, home-health aides, chaplains and volunteers, hospice focuses on quality of life instead of quantity of life. They provide care in nursing homes, in two hospice units at the hospital and the home setting.

Volunteers are needed for patient care, which includes providing companionship, assisting with Lifetime Portraits (a recording of the patient's story), providing caregiver support, and visiting hospice patients in area nursing facilities. Office volunteers will assist with answering phones, filing, research, and mailings. Hospice volunteer training is required. Trainings are held numerous times throughout the year.

**Grinnell Regional Medical Center**

210 4th Ave., Grinnell, IA 50112

Contact: Kerri Olson (641-236-2588; [kolson@grmc.us](mailto:kolson@grmc.us))

Mission: To offer personalized care, employ great people, and maximize resources to improve the health status of our patients. Vision: to be a national leader in patient safety, quality, and service excellence. Values: We value integrity, compassion, cooperative spirit, innovation and service.

Volunteer opportunities include the following: helping at the Information Desk and in the surgery waiting area to greet and direct patients and visitors; working with the optimal healing program providing music, aroma therapy, art opportunities, etc.; helping with public health and education classes; assisting with research and office work; working in the gift shop, delivering flowers and mail, and staffing the breakfast services cashier. Specific skills desired in volunteers: Friendly, great customer service. Volunteers needed 8:00 AM-4:30 PM Monday-Friday and Sunday from 1:00-4:00 PM.

# Children and Education



## **Adult Education—GED Preparation at Iowa Valley Community College**

123 6th Ave. W., Grinnell, IA 50112

Contact: John Wagner (641-236-0513; [John.Wagner@iavalley.edu](mailto:John.Wagner@iavalley.edu))

Mission: GED classes are held at Iowa Valley Grinnell Center on Monday from 5-8 PM, Wednesday from 1-4 PM and 5-8 PM, and Thursday from 1-4 PM.

Volunteers are needed to work one-on-one with students, especially helping with reading, math, social studies and science skills. Bilingual skills helpful, especially Spanish.

## **Adult Education—English as a Second Language at Iowa Valley Community College**

Contact: Twila Rosenow (641-236-6324; [larry12r@yahoo.com](mailto:larry12r@yahoo.com))

Mission: To help immigrants improve their English. Most immigrant students also attend ESL classes at Iowa Valley Community College, but these classes only meet twice a week and an extra tutoring session in beneficial.

Volunteers are needed to work individually with immigrants to improve their language skills, using materials provided by ESL teachers.

## **Bailey Park Elementary School**

210 8th Ave., Grinnell, IA 50112

Contact: Sarah Seney (641-236-2770; [sseney@grinnell.k12.ia.us](mailto:sseney@grinnell.k12.ia.us))

Mission: Bailey Park School is a kindergarten through second grade elementary school. School hours are 8:15 AM - 2:45 PM.

Volunteers are needed to work with children individually or in small groups during school hours, and to assist with filing.

## **Children and Family Urban Ministries**

1548 8th St. PO Box 41125, Des Moines, IA 50311

Contact: Carmen Lampe Zeitler (515-282-3242; [Carmen@cfum.org](mailto:Carmen@cfum.org))

Mission: Children and Family Urban Ministries, in partnership with our neighbors, address the challenges and builds on the strengths of those living on the near north side of Des Moines. CFUM seeks to nurture and promote economic and social justice by bringing together a broad and inclusive community to share the resources and abundance for all. CFUM offers before- and after-school programs for students K-8, gender specific programs, nightly community meal, and several community celebrations through the year.

Volunteers are needed after school 3-5:30 PM, Monday-Friday to help children with homework, creative activities, and recreation. Skills desired in volunteers are enjoyment of and effectiveness with students grade K-8.

## **Davis Elementary School**

818 Hamilton Ave., Grinnell, IA 50112

Contact: Jeff Kirby (641-236-2790; [jeff.kirby@grinnell-k12.org](mailto:jeff.kirby@grinnell-k12.org))

Mission: Davis School is a third- and fourth-grade elementary building with 263 children.

Volunteers are needed to read to and play with children. Volunteers are welcome from 8:00 AM - 5:30 PM. All volunteers must be able to pass a federal background check.

### **English Language Learners**

1333 Sunset Street, Grinnell, IA 50112

Contact: Will Oliphant (office—641-236-2720; cell—319-241-6882; [woliphant@grinnell.k12.ia.us](mailto:woliphant@grinnell.k12.ia.us))

Mission: The English Language Learner Coordinator for the Grinnell-Newburg School District works with the students in all the schools, elementary through high school, who have another language in their background.

Volunteers are needed to help tutor students, to work with them in one-on-one instruction, and to help them with their homework, explaining new vocabulary and concepts so they can understand them.

### **Fairview Elementary School**

1310 Hobart St., Grinnell, IA 50112

Contact: Sarah Seney (641-236-2780; [sseney@grinnell.k12.ia.us](mailto:sseney@grinnell.k12.ia.us))

Mission: Fairview is a kindergarten through second-grade elementary school with 207 children.

Volunteers are needed to work with individual students and small groups, listen to students read, assist teachers by cutting out materials, making copies, etc. from 8-11 AM or 12-3 PM. All volunteers must be able to pass a federal background check.

### **Galaxy Youth Center/STARS**

824 Commercial St., Grinnell, IA 50112

Contact: Shannon McNaul (641-236-7235; [galaxy@iowatelecom.net](mailto:galaxy@iowatelecom.net))

Mission: The Galaxy is an ongoing partnership between youth and community to provide fun activities, a safe space and educational programming.

Volunteers are needed to help with after school tutoring and homework help; as chaperones for dances and open evenings; to hang out with kids during open afternoon hours; and help with creative programming for the youth center.

Volunteers are also needed to teach Spanish using games, music, art, and culture with *Las Estrellas de la Galaxia*, an extracurricular Spanish language club for K-12th graders. Student volunteers are supported on-site by after-school program staff at Galaxy/STARS and by a Spanish teacher at the high school. If interested, please contact Claire Moisan at [moisanc@grinnell.edu](mailto:moisanc@grinnell.edu).

Opportunities: Work with a group of Grinnell College students to play in Spanish with K-4th graders on either Tuesdays or Thursdays at the STARS after-school program. Work with a group to engage middle school children in cultural learning activities on Tuesdays or Thursdays at the Galaxy youth center in its free after-school drop-in program. Work with a partner to lead a Spanish language club and help high schoolers improve their speaking skills on Tuesdays at 7:15 AM. This program is run as a free community service through the Babel Tower Language Academy (see the Grinnell Area Arts Council listing), which provides some training in foreign language teaching techniques and course planning.

### **Girl Scouts**

Contact: Linda Tish (641-236-6403; [lmtish@iowatelecom.net](mailto:lmtish@iowatelecom.net))

Mission: Girl Scouts of Greater Iowa Council offers a comprehensive, informal education program accessible to all girls, ages 5 through 17. The Girl Scout program is based on an ethical code, teaches the skills for good citizenship, and stresses the importance of moral leadership. Girl Scouting is a preventative program that strives to give girls a solid base for their future direction and decisions. Girls learn and practice skills for living full, responsible lives under the leadership and guidance of adult volunteers. And of course, girls have fun!

Volunteers have many opportunities to be active with the Girl Scouts, including leading a troop and helping with programs.

**Grinnell Community Day Care Center (Ahrens Day Care)**

1436 Penrose St., PO Box 592, Grinnell, IA 50112

Contact: Kathleen Barnes (641-236-7214; [grinnelldaycare@iowatelecom.net](mailto:grinnelldaycare@iowatelecom.net))

Mission: To provide quality childcare and pre-school services to children from infancy through 4<sup>th</sup> grade. The center offers a loving and caring environment, with planned learning activities that foster each child's mental, physical and social development. There are about 130 children enrolled and the center is open Monday through Friday from 6:30 AM through 5:30 PM.

Volunteers are needed to help with children, especially in the mornings, late afternoon and in infant rooms. Extra help is also needed for special events.

**Grinnell High School**

1333 Sunset St., Grinnell, IA 50112

Contact: Kevin Seney (641-236-2720; [kseney@grinnell.k12.ia.us](mailto:kseney@grinnell.k12.ia.us))

Mission: Grinnell High School teaches 550 ninth- through twelfth-grade students. School hours are 8:00 AM – 3:00 PM.

Volunteers are needed as media center aides, as tutors in math, Spanish, language arts and chemistry, and as aides in the Second Chance Reading program during school hours. All volunteers must be able to pass a federal background check.

**Grinnell Middle School**

132 East St. S., Grinnell, IA 50112

Contact: Sara Hegg-Dunne (641-236-2750; [shegge-dunnel@grinnell.k12.ia.us](mailto:shegge-dunnel@grinnell.k12.ia.us))

Mission: Grinnell Middle School teaches students from fifth through eighth grade. It is Grinnell's only middle school, and has 550 students. School hours are 8:00 AM - 3:30 PM.

Volunteers are needed to help with reading, math and art, and as individual tutors during school hours. All volunteers must be able to pass a federal background check.

**Head Start**

Full-Day—Ahrens Family Center, 1436 Penrose St.

Half-Day—First Baptist Church, 5<sup>th</sup> Avenue East

Contact: Rachel Porath (641-236-3923; [rporath@micaonline.org](mailto:rporath@micaonline.org))

Mission: Head Start is a federally funded preschool program for children ages three through five, providing children the social, education, health and nutritional services they need to grow up healthy, happy and confident. Grinnell offers two Head Start classrooms, one half-day (9:00 AM – 12:30 PM) and one full-day (7:00 AM – 5 PM).

Volunteers are needed to help in classrooms, to interact with kids, and to help with preparation of materials and daily routine. Also needed is someone to consistently ride and monitor the bus that picks up and drops off the half-day kids. Child care is also needed on family nights as well as translators for Spanish speaking families.

### **Iowa State University Extension Office—Poweshiek County Office**

114 S. 3rd St., Montezuma, IA 50171

Contact: Cathy Lents (641-623-5188; [clents@iastate.edu](mailto:clents@iastate.edu))

Mission: The Cooperative Extension Service, also known as the Extension Service of the USDA, is a non-formal educational program implemented in the United States designed to help people use research-based knowledge to improve their lives. The service is provided by the state's designated land-grant universities. In most states the educational offerings are in the areas of agriculture and food, home and family, the environment, community economic development, and youth and 4-H. This office is part of the Iowa State University system, making sure that local, especially rural people in Poweshiek County have access to research-based information and education.

Volunteers are needed to provide enriching programs for kids in 4-H (art, science, international culture/cooking, photography, etc – you can be creative!) and to work on other community projects (such as teaching computer skills, farm management & accounting, nutrition & fitness, etc. – again you can be creative!).

### **Sac and Fox (Meskwaki) Settlement School**

1608 305th St., Tama, IA 52339

Contact: Jill Herink (641-484-9000; [jherink@msswarriors.org](mailto:jherink@msswarriors.org))

Mission: Meskwaki Settlement School is pre-kindergarten through 12<sup>th</sup> grade. School hours are 8:30 AM – 3:00 PM.

Volunteers are needed to work with/tutor children individually or in small groups during school hours. All volunteers must be able to pass a federal background check.

### **Sac and Fox (Meskwaki) Settlement School After School Program**

1610 305th Street, Tama, IA 52339

Contact: Ann Stark (641-484-4990; [astark@msswarriors.org](mailto:astark@msswarriors.org))

Mission: Committed to improving the quality of life for the tribal youth who are residing on the Settlement and in the surrounding community. Our after school program at the Meskwaki Settlement School is attended by students in pre-school through high school. We offer a 40 minute homework session daily for those in first grade and up followed by activities for all ages. Activities include physical education, art, cultural learning and playing games.

Volunteers are needed Monday through Thursday from 3:25-5:00 PM. Volunteers may specify with which age group they want to work. All volunteers must be able to pass a federal background check, ability to be sensitive and respectful to different cultural beliefs, work well with children and adults, and dress appropriately for a school setting.

### **Woodbury Elementary School**

8 N. 7th Ave., Marshalltown, IA 50158

Contact: Heather Korte '99 (641-754-1080; [hkorte@marshalltown.k12.ia.us](mailto:hkorte@marshalltown.k12.ia.us))

Mission: To nurture students to become intellectually and personally empowered for citizenship in a changing world.

Volunteer are sought as mentors for students at a dual-language (English/Spanish) elementary school. All kids learn all subjects in both languages. Mentoring program is in conjunction with Big Brothers Big Sisters. As a mentor one would only need to meet with their assigned child about once every week or so for about 30 minutes to talk, play games (basketball, Connect 4, Candyland, etc.), draw, and just generally be a good role model and encourager. All volunteers must be able to pass a federal background check.

# Domestic Pets and Farming



## **Dog Walking in Grinnell**

Contact: Susan Sanning (641-269-4827; [sannings@grinnell.edu](mailto:sannings@grinnell.edu))

Mission: To provide a service for dog owners in the Grinnell area, to help college students who are perhaps missing their dog at home, with an end result of exercise for the dog.

Volunteers need to complete the paperwork in the Dog Walking folder at the CRSSJ, 1233 Park Street. This questionnaire will allow local dog owners to know a little more about your experiences with dogs. In addition, we recommend that you schedule a time to meet with a prospective dog owner before making any formal dog walking arrangements.

## **Grandma's Farm**

Contact: Don VanDyke (641-990-0679; [grandmasfarm@iowatelecom.net](mailto:grandmasfarm@iowatelecom.net) )

Mission: "Grandma," Lucille VanDyke, has been farming on this family farm for well over 50 years. The farm is within walking distance of campus and is located on 16<sup>th</sup> Avenue just north of the golf course and east of the train tracks that go through campus. Besides traditional crop farming, grandma hosts a variety of critters from miniature horses about the size of a St. Bernard dog, quarter horses, to laying hens. Don gives horseback riding lessons and is hoping to start a program for special needs children.

Volunteers are needed to take miniature horses around to nursing home residents, groom horses, help grandma collect free range eggs, and help with various other "normal" farm chores. Grandma may even teach you to quilt or make angel food cake from scratch. Be sure to wear sturdy shoes or boots!

## **Grinnell Heritage Farms**

Contact: Melissa or Andy Dunham (641-236-4374; [grinnellheritagefarm@gmail.com](mailto:grinnellheritagefarm@gmail.com))

Mission: Grinnell Heritage farm is owned and operated by Melissa and Andy Dunham. It produces USDA organic vegetables, flowers & herbs. (There are also various critters on the farm!) Andy is a 5<sup>th</sup> generation Iowa farmer. The 80 acre farm on the NE edge of Grinnell's residential district has been in the family for 153 years and is counted amongst the oldest family farms in central Iowa. The community supports this farm through purchasing shares in the farm's CSA (Community Supported Agriculture) program.

Volunteers: In Andy's words, "It's a farm! There is always something to do! We always need volunteers."

## **Poweshiek Animal League Shelter (PALS)**

PO Box 123, Grinnell, IA, 50112

Contact: Brenda McDonald (641-236-4288; [palsvolunteers@yahoo.com](mailto:palsvolunteers@yahoo.com))

Mission: To care for unwanted animals in Poweshiek County, to find permanent and loving homes for them, to respond to animal neglect and cruelty, to educate all on humane treatment of animals, and to prevent overpopulation via spaying and neutering.

Volunteers clean dog kennels, walk dogs, clean cat havens, and perform other general shelter duties. Volunteers must attend an orientation prior to working with the animals. Orientations are held once per month, typically on the last Saturday. No registration necessary. Volunteer shifts are once or twice a week, from 5-6:30 PM, as well as other times on weekends.

**Westfield Farm**

Contact: Nancy Maly '61 (641-236-0392; [malyecisna@aol.com](mailto:malyecisna@aol.com))

Mission: Westfield Farm, a working 100 acre Century Farm, located just southwest of Grinnell, Iowa, is owned by Allen and Shirley Moyer, and has been in the family for more than 100 years. It is named after and located on the site of the old town of Westfield, a stopping point on the road traveled in the 1800s by stagecoaches and used by the Mormons pulling handcarts to Salt Lake. The Moyers have made a farm experience available to families, students, individuals and groups where you are able to feed the calves, goats, chickens and ducks; pet and ride ponies; go on hay rides, and enjoy picnics in the woods.

Volunteers are needed to help provide general supervision of groups (children) as they experience the animals, ride ponies, and learn about life on the farm. A time commitment of 2-3 hours at a time (a morning or afternoon), would be needed. Transportation to/from the farm can be provided.

# Poverty, Peace, and Justice



## **Mid-Iowa Community Action (MICA)**

927 4th Ave., Grinnell, IA 50112 or 1001 S. 18th Ave., Marshalltown, IA 50158

Contact: (Grinnell) Rachel Porath (641-236-3923; [rporath@micaonline.org](mailto:rporath@micaonline.org))  
(Marshalltown) Clarissa Thompson (641-752-7162; [clarissa@micaonline.org](mailto:clarissa@micaonline.org))

Mission: Mid-Iowa Community Action, Inc. (MICA) is a nonprofit agency serving children and families who are affected by the conditions of poverty throughout central Iowa. MICA operates the Family Development Center in downtown Grinnell, two Head Start classrooms, Women, Infant and Children clinics, housing rehabilitation and weatherization services, the Poweshiek County Food Pantry, employment training programs, and provides crisis intervention services/counseling/referral and information.

### **Family Development Programs**

Volunteers will assist program staff with the direct services provided to families. Volunteers will help families and staff at the family development center by welcoming and greeting guests, answering phones, and processing program applications. There are many opportunities to help as a volunteer at the Family Development Center.

### **Head Start Friend**

Head Start Friends develop meaningful relationships with preschool aged children in the Head Start programs. Relationships are built between the children and Head Start Friends through fun classroom activities and significant one-on-one interactions. Head Start Friends are supported by and work closely with trained Early Childhood professionals.

The Head Start program, a service operated by MICA for over four decades, provides comprehensive education, health, nutrition, and parent involvement services to 22 Poweshiek County children and their families who are affected by the conditions of poverty. Two Head Start classrooms are located in Grinnell.

### **The Volunteer Income Tax Assistance (VITA) Program**

The VITA program offers free tax help to people who cannot afford professional assistance. Volunteers help prepare basic tax returns and provide return preparation assistance to tax payers in claiming the earned income tax credit. The Earned Income Tax Credit is the largest anti-poverty program in the nation and lifts more children out of poverty than any other program.

Volunteers are needed in the Grinnell area to prepare tax returns. In addition to tax preparation, volunteers are needed as site coordinators, publicity coordinators, receptionists, technical backups, quality reviewers, interpreters, and to transmit returns electronically. The VITA program is offered in Grinnell, Tama, Marshalltown and Iowa Falls throughout the months of February, March and April. Training is offered throughout December and January.

### **Poweshiek County Food Pantry**

The food pantry is located at MICA's Family Development Center at 834 Broad Street.

Volunteers organize food donations put together food boxes for families and gather food donations for local churches and organizations.

**Second Mile**

515 3rd Ave., Grinnell, IA 50112

Contact: Deanna Vogt (641-236-7892; [secondmile1@yahoo.com](mailto:secondmile1@yahoo.com))

Mission: The Second Mile operates a clothing/household closet that provides for people in need and also sells items at reasonable prices to help raise money. Other programs providing help to thousands of people in Grinnell and Poweshiek County include Christmas Shares Program, Children's Christmas Share Program, and the School Supplies Program. The Second Mile also provides funds and needed items to other area non-profit agencies.

Volunteers are needed to sort and organize items as they receive donations, and to put together packages for those in need. Volunteers are also needed to serve the public during store business hours.

# Senior Citizens



## **Grinnell Health Care Center**

415 6th Ave. W., Grinnell, IA 50112

Contact: Cam Ent (641-236-6511)

Mission: Grinnell Health Care Center, a more traditional nursing facility, provides a broad spectrum of care for their residents including traditional long-term care, hospice care, short-term stays and rehabilitation programs.

Volunteers are needed to deliver mail to residents, visit one-on-one, read to residents, share musical talents by playing the piano or another instrument, or help with weekly activities like bingo on rotating Fridays and Saturdays.

## **Mayflower Community**

616 Broad St., Grinnell, IA 50112

Contact: Chery Nelson (641-236-6151 x253; [cnelson@mayflowerhomes.com](mailto:cnelson@mayflowerhomes.com))

Mission: Mayflower Community is a retirement community that offers multiple levels of care, from apartments to assisted living facilities to more complete nursing and health care. As a ministry of the Iowa Conference of the United Church of Christ, the Mayflower's mission is to provide a retirement community that affirms the dignity and worth of each individual, responds to ongoing and emerging resident needs and expectations, and seeks to balance ministry and financial integrity.

Volunteers are needed in the Health Care Center to visit one-on-one with residents, read to them and to help with letter writing. Residents also enjoy having volunteers share their musical talents.

## **St. Francis Manor**

2021 4th Ave., Grinnell, IA 50112

Contact: Courtney Cummings (641-236-7592; [Dimples4545@hotmail.com](mailto:Dimples4545@hotmail.com))

Mission: St. Francis is a retirement community offering multiple levels of care.

Volunteers are needed to visit one-on-one with residents, assist with daily activities including crafts, baking, and singing, contribute to morning and afternoon programs and share their musical talents. Activities begin at 9:30 AM and 2:00 PM Monday through Friday.

## **Windsor Manor**

229 Pearl St., Grinnell, IA 50112

Contact: (641-236-8700)

Mission: Our mission is to provide assisted living to residents in an atmosphere of respect, comfort and grace & where quality of life is of the utmost importance.

Volunteers are always welcome to help with activities and to work one-on-one with residents.

# Special Needs/Disabilities



## **Career Development Center**

123 6th Ave. W., Grinnell, IA 50112

Contact: Starla Elsberry (641-269-2251; [Starla.Elsberry@iavalley.edu](mailto:Starla.Elsberry@iavalley.edu))

Mission: This program offers personal, social and community service programming to individuals with disabilities. The purpose of the program is to provide age-appropriate, individualized training in personal, social relations, semi-independent living, community awareness, communication, computational vocational skills and paid work.

The objective of this special needs program is either to develop maximum independence or to maintain current levels of functioning while providing a means of alleviating stress in the home setting. The Career Development program is community-based, and seeks to remove architectural, attitudinal, employment and other barriers to people with disabilities and pursue movement toward integration of individuals with disabilities into the community.

Volunteers are needed to help consumers with paid work time activities from 1-2:30 PM such as tracking work time and productivity, as well as assisting consumers with the achievement of social, recreational, and leisure objectives from 10:30 AM -12:00 PM.

## **Central Iowa Residential Service (CIRSI)**

704 Industrial Ave., Suite 100, Grinnell, IA 50112

Contact: Rick Sisson (641-236-5774; [rsisson@iowatelecom.net](mailto:rsisson@iowatelecom.net))

Mission: CIRSI provides home- and community-based services for individuals with mental and physical disabilities. Services are provided for people requiring 24-hour assistance as well as those needing assistance on an hourly basis. Adults and children receive CIRSI services to become more independent with their home and community living skills.

Volunteers are needed to help with one-on-one or group activities and to hang out with residents.

## **Poweshiek County Association for Retarded Citizens**

Contact: Sophie Tyler (641-236-6845)

Mission: Primarily a service organization for the mentally handicapped, this agency provides services to over 100 county residents including camping trips to Camp Courageous, the Career Development Center, assistance of the group home for five developmentally disabled adults in Grinnell, support for Special Olympics and financial support with early intervention for preschoolers. The ARC also offers scholarships to students and teachers pursuing or furthering careers in special education or serving people with special needs.

Volunteers are needed to help out with the operation of this association, to do mostly organizational and advocacy work.

## **Poweshiek County Community Services**

120 West St., PO Box 936, Grinnell, IA 50112

Contact: Dawn Roth (641-236-9199 x21; [droth@iowatelecom.net](mailto:droth@iowatelecom.net))

Mission: To enable Poweshiek County residents who are disabled to achieve a quality of life they desire by identifying consumer goals through a person centered approach and coordinating services and supports to help meet their goals.

Volunteers are needed to help with the provision of central point of coordination, case management, and general assistance to Poweshiek county residents.

**Special Olympics Iowa**

551 Dovetail Rd., PO Box 620, Grimes, IA 50115

Contact: Rhonda Schwarzkopf (515-986-5520; [rschwarzkopf@soiowa.org](mailto:rschwarzkopf@soiowa.org))

Mission: Special Olympics Iowa is a statewide organization providing persons with intellectual disabilities year-round sports training and competition in 22 Olympic-style sports, giving athletes continuing opportunities to develop physical fitness, demonstrate courage, and experience joy.

Volunteers are needed as event volunteers, volunteer coaches and to work with the Grinnell College chapter of Unified Sports, a program that combines a team of students and people with disabilities.

**Station Clubhouse**

729 Pearl St., Grinnell, IA 50112

Contact: Julie Wendl (641-236-5325; [jwendl@pcmentalhealth.org](mailto:jwendl@pcmentalhealth.org))

Mission: The Station Clubhouse is a psychosocial rehabilitation program. The purpose of the Clubhouse is to provide a safe and restorative environment where members feel needed and accepted while working toward a fuller and more satisfying life. The Clubhouse is located within a residential complex and is open Monday through Friday from 9:00 AM - 2:30 PM.

Volunteers are needed Monday through Friday to help teach daily living skills, computer skills and to also spend time hanging out at the center visiting with people one-on-one.



# Map of Grinnell

