



# The Marketplace Messenger

Communicating *Grinnell Dining*  
news of interest to our diners.

## Food Waste

Waste is, or should be, a concern for every environmentally conscious person. Food waste should be a concern of every Grinnell College student as it is one of the many driving forces behind board rates and other expenses of the college.

Almost every day there are three to four 35 gallon containers of mulched material removed from the Marketplace...all coming from what has been left on the trays returned to the dishroom. That means that over 1,000 pounds of waste is generated from the approximately 2500 meals served daily (6.4 ounces per tray). It is easy to say "I paid for it", but it is still waste.

As part of Grinnell Dining's commitment to being as "green" as possible, all of our organic waste is being composted at a farm site east of town. Facilities Maintenance removes composting materials from our facility on a daily basis Monday through Friday. Additionally, Dining Services recycles glass, plastic, cardboard, and paper.

## Welcome Back!

We sure hope you had the opportunity to get rested-up during the fall break and a chance to "get away" if only for a little while. Tuesday night, October 30, Grinnell Dining will be hosting a special evening of fall goodies including hot spiced cider, ice-your-own cookies (pumpkin shaped of course), fried apple sticks, and assorted candies of the season (while supplies last).

We trust you will take advantage of this opportunity to fellowship around the seasonal goodies as we all gear up toward the end of the semester.

## Nacho Bar

...has been added to the menu on a more frequent basis. I thought that might get your attention.

Keep your eyes on the signs as you enter the Marketplace! We will try to let you know well ahead of time when special nights are on the horizon.

Special nights on the regular menu now include Nacho Bar, Asian Noodle Bowl, Burger Bar, Fajita Bar, and Wing Night. Grinnell Dining continues to look for additional ways to increase your participation and change-up our offerings.

## REMINDER

Daylight Savings Time ends on November 4 at 1am. Don't forget to set your clocks back one hour.



## Thanksgiving Break

Thanksgiving break will soon (November 22-25) be coming. Just a reminder that the Marketplace dining center will be open for Thanksgiving breakfast (continental 9-10am) and lunch ONLY (11:30am-1pm) on Thanksgiving day. As in the past, sack meals will be provided for pickup during the lunch for the evening meal. This is to allow all dining staff members the opportunity to have the evening to spend with family and friends. Our staff members appreciate your understanding.

Service hours during Thanksgiving break will be as follows:

Continental Breakfast – 9-10am

Lunch – 12-1pm

Dinner – 6-7pm

Regular service hours for the Marketplace will resume on Sunday Dinner, November 25.

Out Takes will close at 12:30pm on Wednesday, November 21 and re-open on Monday, November 26 at normally scheduled hours. The Spencer Grill will close at 4pm on Wednesday, November 21 and resume normal operational hours at 1pm on November 25.

## Time To Vote!

**Maybe you have heard** – per a radio announcement on KGRN radio the morning of October 24, *Grinnell College Dining Services* has been nominated as a "Most Veg-Friendly College" by PETA. Citing vegan options like Curried corn with brown and wild rice, black bean and avocado pizza, and stuffed peppers Mexicana, someone has nominated Grinnell College and, if you are so inclined, we would like your support.

You can enter your vote by going to [http://www.peta2.com/COLLEGE/c\\_vegschools\\_2007.asp](http://www.peta2.com/COLLEGE/c_vegschools_2007.asp) and completing the voting form. Don't forget to vote for Grinnell College.

Just for voting, PETA is offering the chance to win – quoting the website – "an awesome student prize pack including an iTunes gift card and a peta2 hoodie, along with tons of other peta2 merchandise." "If that weren't exciting enough, the school with the best options will win a peta2 party on its campus, including a food giveaway showing off the winning dishes!"

So folks, it's all up to you and your voting! Voting ends on November 12, and the winner will be notified by December 3, 2007.

Oh, by the way, *Grinnell Dining* has many more vegan options that were not listed. Those include; Moroccan Couscous, Spicy Vegetable Lo Mein, Alu Gobhi, Black Bean and Sweet Potato Burger, Chick Pea Stir Fry, Tempeh Veg Stir Fry, Tofu Walnut Broccoli Stir Fry, Tempura Tempeh w/ Sauce, Vegetable Fried Rice, Tofu Steak w/ Mushrooms, Baja Black Bean Cake, Chinese Capellini, Tempeh w/ Walnuts, White Bean & Sage with Crustini, Black Bean Vegandillas, Chickpea and Potato Stew, Indian Sabji, Polenta with Black-eyed Pea Relish, and an assortment of vegetables, salad and dessert options.



*Grinnell Dining*

...because we care