Poweshiek County Inter-Agency Resource Guide

February 8, 2016

Please send corrections, additions, and suggestions to Emily Moore at emilymoore@iowatelecom.net
Groceries and Meals

**WIC Clinics (Well Child)**
See “Services for Expectant Mothers / New Parents,” page 7, for complete entry.

**SNAP (Food Stamps)**
This is a DHS program. MICA can give families the application forms for this and other DHS programs. Call MICA at 641-236-3923.

**Grinnell Community Meal**
Davis Elementary School Cafeteria, 818 Hamilton Ave., Grinnell
Free meal prepared by community members and Grinnell College Social Justice Action Group.
Open to anyone. Tuesdays, served from 5:45 to 6:15 pm; year around except for a few weeks in late summer and in mid-winter.

**Food Recovery Network**
First Presbyterian Church, 1025 5th Ave., Grinnell
Prepared foods available for pick-up. Tues, Wed, Thurs: 12:00 – 1:00 pm.

**Grinnell Food SHARE** – food-buying coop
[www.shareiowa.com](http://www.shareiowa.com)
Local contact: Robin Young 641-236-3972
Order and pay for food the first Tues. of each month at Grinnell Senior Center, 12:30 – 1:30 pm.
Pick up food on 4th Sat. at St. Mary’s Religious Ed Center, 1013 Broad St., Grinnell

**Bountiful Baskets Food Co-op**
[www.bountifulbaskets.org](http://www.bountifulbaskets.org)
For an introduction, select the tab “New Participant Instructions”
Find local information by selecting the tab “Locations” and entering IA for the state.

**Imagine Grinnell** – garden plots
PO Box 344, Grinnell
Coordinates the Grinnell Community Garden, which offers low-cost and free growing space. Plot reservations are due in the month of March; the growing season is April through November. Also provides free summer educational programming.

**ISU Extension and Outreach**
[www.extension.iastate.edu/foodsavings/recipes/all](http://www.extension.iastate.edu/foodsavings/recipes/all)
This website offers recipes that are low-cost and nutritious.

**Meals on Wheels**

**Grinnell Senior Center**
927 4th Ave., Grinnell
Meals on Wheels and Congregate (on site) Meals

**Brooklyn Activity Center**
122 Jackson St., Brooklyn 52211
Meals on Wheels and Congregate (on site) Meals
Montezuma Nursing and Rehab
Meals on Wheels

Food Pantries

Mid-Iowa Community Action (MICA) – Food Pantry
611 4th Ave, Grinnell
Operates an emergency food pantry for those in need; distributes vouchers for milk and bread provided by local churches; distributes fresh produce from local farmers. Mon – Fri, 8:30 am – 4:30 pm

Brooklyn Food Pantry
St. Patrick’s Catholic Church, 211 Jackson St. (alley entry)
Wed. 2:00 – 6:00 pm. Contacts: Betty Klein, Mary Carlson

Malcom Food Pantry
Methodist Church Basement
Thurs. 4:00 – 6:00 pm

Montezuma Food Pantry
Hwy 63 just north of Irwin St., Montezuma (Community Hope Church, east building)
Mon. 10:00 am – 12:30 pm, Wed. 2:00 – 4:30 pm, Thurs. 4:30 – 6:30 pm, and every 3rd Sat. 10:00 am – Noon
The client choice pantry is for Poweshiek county residents only. Clients must meet government guidelines of household income not exceeding over 185% of federal poverty threshold and have updated ID to serve as address verification and list all living in the household with DOB, and SS.

Malcom Mobile Food Pantry
Malcom Auditorium, 212 Main St., Malcom
Food from NEIA (Northeast Iowa) Food Bank
The 1st Wed. of every month, from 4:30 pm until supply runs out.

Food in the Schools

Free and reduced lunch program
Paid for through USDA, this program offers free and reduced-cost lunches to income-eligible children. Sign up through the schools.

Summer breakfast and lunch program
Call the schools for information.

Grinnell Tiger Packs
Food is placed in backpacks for students in need identified by school staff or self. Address questions to the Grinnell elementary and middle schools.
Housing

Grinnell Housing Authority
927 4th Avenue, Community Center, Grinnell 50112
E-mail: rentassist@iowatelecom.net
Rent assistance for income-eligible elderly, disabled, and families, funded by HUD. Eligible families select their own rental units anywhere in Poweshiek County. Applications are accepted continuously.

Fair Housing
800-669-3247
Deals with issues of discrimination and with landlord-tenant issues.

Income-based Housing for Families
Arbors Apartments
Center Street Apartments
Grinnell Park Apartments
Westfield Apartments
401 Washington Avenue, 2 & 3 BR
506 Center Street, 2 BR
223 4th Avenue West, 1 & 2 BR
308 4th Avenue West, 1 & 2 BR
641-236-9233
641-236-6679
800-394-1288
641-236-8909

Income-based Housing for Elderly** and Disabled (in Grinnell)
Grinnell Area Housing, 214 4th Avenue W.
Brookside East
Brookside West
Brookside South
Monropark Apartments
Pearl Street Apartments
729 Pearl St.
Poynter Apartments (for CMI)
Grinnell Estates, 2020 West St.
641-236-6679
641-236-0102

Income-based Housing for Elderly** and Disabled (outside Grinnell)
Barnes City Housing, Financial Service Group, Inc
Brooklyn Housing, Inc., Karen McNaul
Deep River Housing, Financial Service Group, Inc
Malcom Manor, Karen McNaul
Montezuma, Sunny View Square, Grinnell Area Housing
Searsboro Manor Apartments, Financial Service Group, Inc
Victor Senior Housing, National Management
319-664-3002
641-623-5026
319-664-3002
641-623-5026
641-236-6679
319-664-3002
515-223-0300

Salvation Army Poweshiek County Service Extension Unit #261
641-623-3275
Call for information on family service shelter or help with eviction
303 E. Washington, Montezuma

Notes:
* For nursing homes see “Services for the Elderly”
** Elderly here means 62 and over.
Furniture and Clothing

Second Mile  
515 3rd Ave., Grinnell  
Inexpensive used clothing, furniture, and much more. 
Contact: Deanna Vogt.

641-236-7892

Goodwill Industries  
230 West St., Grinnell  
Inexpensive used clothing and furniture

641-236-7312

Anderson’s Used Furniture  
1018 Washington Ave., Grinnell  
Inexpensive used furniture. Open Fri. 1 – 6 pm and Sat. 9 am – 5 pm

641-236-3466

Phase II Consignment  
912 Main St., Grinnell

641-236-8126

Montezuma Free Clothes Closet  
411 E Main, Montezuma  
Mon. 10:00 am – 12:30 pm, Wed. 2:00 – 4:30 pm, Thurs. 4:30 – 6:30 pm. Every 3rd Sat., 10:00 am – Noon

641-623-3275

Tracy’s Treasures  
403 E. Main St., Montezuma  
Mostly clothes, but call to check if she has furniture.

641-990-2944

White’s Consignment  
806 S. Front St., Montezuma

641-623-2208

Once and Again Consignment  
102 N. Orchard St., Brooklyn

641-522-2333

Salvation Army Poweshiek County Service Extension #261  
www.centralusa.salvationarmy.org  
303 E. Washington, Montezuma

641-623-3275
Services for Expectant Mothers / New Parents

GRMC’s Before Baby and Beyond Program 641-236-2324
Kintzinger Women’s Health Center, Grinnell Regional Medical Center
Educational program for expecting mothers, preparation for labor, delivery, and infant care. All parents who deliver at GRMC are encouraged to enroll in this free program.

Grinnell Regional Babies Room 641-236-2385
Mailing address: 210 4th Ave, Grinnell
Physical address: 306 4th Ave, Grinnell
Incentive program for income-eligible women who are pregnant or have a baby less than 18 months old. Moms are awarded “points” for healthy behaviors which can be redeemed at the Nest for baby supplies and merchandise. Single dads may participate in this program.

Grinnell Regional Babies Room Parenting Classes 641-236-2385
Grinnell Regional Babies Room offers educational classes on pregnancy, childbirth, parenting, and infant care to help new moms bring their babies into the world healthy. Participation in the Grinnell Regional Babies Room educational classes is open to anyone in the GRMC service area. Free. Call for dates and times.

Certified Lactation Consultant 641-236-2385
Consultation services are available to any mother wishing to breastfeed her baby. Call public health and ask to set up an appointment with Lisa Leris.

Immunization Clinic 641-236-2385
www.grmc.us/services/public-health
Light Center for Community Health, 306 4th Ave., Grinnell
Call for an appointment. The hours are posted on the website.

WIC Clinics (Well Child) 800-390-5293
Clinics are run out of the MICA office in Marshalltown. 641-753-4816
The current hours are listed below. Call in advance to sign up and to check times.
   In Grinnell: Light Center for Community Health, 306 4th Ave.
      3rd Tues., 8:30 am – 3:30 pm; 4th Tues., 8:30 am – 5:00 pm.
   In Brooklyn: United Methodist Church, 603 Clay Street.
      3rd Mon., 9:00 am – 2:00 pm
WIC gives vouchers for formula, milk, and nutritious food supplies, and medical referrals for income-eligible pregnant women, nursing mothers, and children to five years of age.

Central Iowa Family Planning 641-236-7787
www.cifp.org
717 5th Ave. Suite 4, Grinnell
See “Health and Medical Services,” page 19, for complete entry.
Services for Children/Youth and Families

**Mid-Iowa Community Action (MICA)**

641 4th Ave., Grinnell

Mid-Iowa Community Action (MICA) is a private, non-profit organization serving children and families in central Iowa. Our vision is that MICA, in collaboration with our community partners, leads efforts to strengthen families and communities. Together, we create communities where fewer people find themselves in poverty and those who do, have a path out.

Services: Family Development Center; Head Start; Women, Infants and Children (WIC); Low-Income Home Energy Assistance Program (LIHEAP); house weatherization services; food pantry; family development programs; information and referrals for crisis intervention services.

**Area Education Agency (AEA 267)**

726 5th Avenue, Grinnell

Early Childhood services, services for children with disabilities, work experience. See the AEA entry in the Education section for more details.

**Family Team Meetings (for families before DHS intervenes)**

Grinnell Regional Public Health, Light Center

Sometimes families need assistance in developing a plan for a problem or concern. A Family Team Meeting is a meeting of people chosen by the family to identify family strengths, needs, and resources. A plan is created that provides for the safety and wellbeing of children in the family. To refer or schedule a family team meeting, please call Grinnell Regional Public Health at

**Iowa Department of Human Services (DHS)**

115 North Second Ave. East, Suite H, Newton 50208


**Children and Families of Iowa (CFI)**

408 East Main St., Ottumwa 52501

Mental Health Services, Family-Centered Services. Programs include 24/7 Dads, Community Partnerships for Protecting Children (CPPC), and DHS program Parent Partners.

**Parent Partners (DHS program)**

Apply through DHS. This program is about parents helping parents who are involved with the child welfare system. Parent advocates are birth parents who have been through the “system” and have had successfully resolved cases. The primary goal is to help birth parents get their children returned to them. Parent partners provide support and motivation for those parents who need the extra push to begin their case plan activities. The program is funded by Iowa DHS and administered by Children and Families of Iowa.
Creative Hope Counseling
www.creative-hope.com
Sara Erselius, LISW, RPT
Montezuma
Offers play therapy. Provides individual and group therapy for children & adolescents.

NOTE: For other counseling services, see the section on Mental Health, page 24.

Central Iowa In-Home Services
www.cijdc.com
641-858-3852
Behavior Health Intervention Services (BHIS)
Clients must be Title 19 eligible. They may be referred by parents, JCO, DHS, School or other professionals.

Healthy Homes Family Services
www.healthyhomesfs.com
712-307-6014
806 5th Ave, Suite #2, Grinnell
Behavior Health Intervention Services (BHIS)
In-home skill building working with children age 3 to 17 years as well as their families struggling with a child’s behaviors in the home or school setting. Medicaid and other major insurance are accepted. They also offer support groups.

Poweshiek County Community Services
www.poweshiekcounty.org/general-assistance/
641-236-9199
Fax: 641-236-1349
200 4th Ave West, PO Box 936, Grinnell
shiner@poweshiekcounty.org
General Assistance, Mental health funding for income-eligible. Service coordination, and services and support for people with disabilities in Poweshiek County.

Central Iowa Family Planning
717 5th Ave. Suite 4, Grinnell
641-236-7787
Reproductive health information for all, including teens. See “Health and Medical Services,” page 19, for complete entry.

Four Oaks
www.fouroaks.org
641-236-0900
821 5th Ave, Suite 101, Grinnell
A safety and permanency option that partners with DHS to keep and/or reunite children with their families.

Youth & Shelter Services of Marshall County – Host Home & TLP
www.yss.org
11 East State St., Marshalltown 50158
641-752-2300
Lighthouse Homes and apartments serve as residences for a unique Transitional Living Program targeting homeless, pregnant young women and young parents, ages 16-25. Shelter for young adults aging out of foster care. The program helps non-system-involved young mothers and fathers become independent and self-sufficient.
Quakerdale – Youth Shelter  
www.quakerdale.org  
Waterloo shelter for at-risk youth; treatment-focused atmosphere.

Quakerdale – Promise Academy  
www.quakerdale.org  
P.O. Box 8, New Providence, Iowa 50206  
A residential academy for students ages 10 – 18 who seek a private alternative educational setting and desire to develop and work on academic, spiritual, work, career, and life skills.

Child Care Resource and Referral – CCR&R, Region 4  
www.iowacrr.org  
Central office: 808 5th Ave., Des Moines 50309  
Local contact: Brenda O’Halloran, bohalloran@orchardplace.org  
Local office in the Community Center, Grinnell

CCR&R provides information about childcare providers; advocacy for childcare programs; parent referrals. This program is funded through DHS.

Early Care and Education (ECE)  
550 N 2nd Ave. W., Newton 50208

This is an ISU Extension Agency program that serves Jasper, Poweshiek, and Marion Counties. It offers professional development classes for childcare providers.

Child Support Recovery Unit (CSRU)  
www.childsupport.ia.gov  
204 1/2 West State Street, Marshalltown

Internet resources  
www.dhs.iowa.gov/A-Z-Services  
This website lists several resources.

www.zerotothree.org. This website has some useful pamphlets from the American Pediatric Assn. and other sources discussing stages of child development.
Youth Activities

After-School Programs

Galaxy, Inc., Youth Programs in Grinnell
Closed in Dec. 2015

Studio 6 and Free Imagination – Grinnell Area Arts Council (GAAC) 641-236-3203
www.grinnellarts.org
926 Broad St., Grinnell
After-school arts program for children in grades K – 6.
Studio 6: M – Th. Sign up for 2 – 4 days per week. Tuition is charged; some scholarships are available.
Free Imagination: Fridays. Free (registration required)

Malcom-Sheridan Youth and After School Program 641-528-4004
Contact: Dawn Hamilton (cell: 641-990-4300)
Tuesdays, 3:30 – 6:00, at the United Methodist Church

Other programs and activities

Big Brothers / Big Sisters 641-260-0077
bbbsgrinnell@gmail.com
Big Brothers Big Sisters is a nationally recognized and professionally supported program aimed at helping kids recognize their full potential through one-on-one attention and encouragement provided by a carefully screened mentor. In Grinnell, approximately 40 kids are involved in our school-based and community-based programs at any given time. Children in kindergarten through 4th grade are matched with adults from the college and community. Typically the Little sees their Big weekly, usually at school for lunch/recess. Often a match already established continues to be supervised as the child transitions into Grinnell Middle School.
Parents interested in having their child be a part of this program can talk to the child’s classroom teacher or contact Conni Gause at the phone or e-mail above.

Grinnell Recreation Department 641-236-2620
www.grinnelliowa.gov (Under Departments, find Parks and Recreation.)
Mailing address: 927 4th Ave, Grinnell
Physical address: 1500 Penrose St., Grinnell
Programming for families, children, and youth. Scholarships are available for income-eligible families.

Drake Community Library 641-236-2661
www.grinnell.lib.ia.us
930 Park St., Grinnell
See their website for Story Time and other programs for children and youth.

Grinnell Little League
The Grinnell Little League’s mission is to teach youth, ages 4 – 14, the fundamentals of baseball and softball in a safe and fun environment.

**Girl Scouts of America**
Contact: Linda Tish
E-mail: lmtish@iowatelecom.net

**Boy Scouts of America**
Contact: Mike Sokol
E-mail: mssokol@windstream.net

**Poweshiek County Extension – 4-H Program**
4-H empowers youth to reach their full potential working and learning in partnership with caring adults. To contact a club or join 4-H call Cathy Lents or visit the website.

**Newton YMCA**
www.newtonymca.org
1701 S. Eighth Ave. E., Newton 50208
Services for the Elderly

Housing

**Grinnell Health Care Center**
www.grinnellhealthcarecenter.com
415 6th Avenue West, Grinnell
24-hour nursing care, fees vary

**Mayflower Homes, Inc.**
www.mayflowerhomes.com
616 Broad St., Grinnell
Patio homes, Apartments, Assisted living, 24-hour nursing care

**Saint Francis Manor**
www.stfrancismanor.com
2021 4th Ave., Grinnell
24-hour nursing care

**Seeland Park**
www.stfrancismanor.com
2021 4th Ave., Grinnell
Duplexes, apartments, assisted living

**Windsor Manor**
www.windsor-manor.com
229 Pearl Street, Grinnell
Assisted living community

**Brooklyn Community Estates**
www.brooklyncommunityestate.com
406 North St., Brooklyn 52211
24-hour long-term and respite care

**Montezuma Nursing & Rehabilitation Center**
www.careinitiatives.org/montezumanursingandrehabcenter/
316 Meadow Lane Dr., Montezuma 50171
24-hour nursing care

Services and Activities

**Northeast Iowa Area Agency on Aging**
(formerly Hawkeye Valley Area Agency on Aging)
www.nei3a.org
821 5th Ave, Grinnell
Aging and disability resources. Services include Case Management
Life Long Links 866-468-7887
Call to access aging and disability resources of the Northeast Iowa Area Agency on Aging.

Senior Health Insurance Information Program (SHIIP) 641-236-2588
E-mail: kolson@grmc.us
Trained volunteers explain Medicare, Medicaid, and insurance billing. Free service.

DHS Department on Aging 515-725-3333
510 East 12th Street, Suite 2
Long-Term Care Ombudsman: Advocate for care facility residents 515-725-3327

Poweshiek County Veterans Affairs 641-236-5722
200 4th Ave West, Grinnell
Mon, Wed, Thurs. 8:00 am – 2:00 pm; Tues, Fri. 8:00 a.m. – noon.

Veterans Affairs (VA) www.centraliowa.va.gov
Crisis Line 800-273-TALK (8255) Press 1
Women Vets Hotline 855-VA-WOMEN (829-6636)
Regional Benefits Office 800-827-1000
   210 Walnut St., Des Moines 50309
VA Clinic 877-424-4404
   101 Iowa Ave., Marshalltown 50158
VA Health Care 319-338-0581
   601 Highway 6 West, Iowa City 52246
Telephone Care (VA Nurse) 866-687-7382
   M – F, 4 pm – 8 am; 24 hours on weekends and federal holidays.

SE*ED Program 641-236-2593
www.grmc.us/classes-events/older-adult-programs
Drake Community Library, 930 Park St., Grinnell, Mondays, 10 – 11 am.
GRMC’s Senior Education Program provides programs designed for adults of any age to extend their knowledge on healthcare issues, diseases, nutrition, community resources, current and cultural events, as well as less conventional topics like art, biology, history, or religion. Visit the website for a schedule of classes. Transportation is available; call by Thursday before program.

Grinnell Senior Center 641-236-2612
927 4th Ave., Grinnell
Meals on Wheels, social activities, and referrals. Healthy Lifestyle Coordinator

Brooklyn Activity Center 641-522-5400
122 Jackson St., Brooklyn
Meals, social activities.
Education

Preschools

**Head Start**  
Contact the Head Start Specialist at MICA.  
611 4th Ave., Grinnell  
Head Start is a federally-funded preschool program for children ages three through five, providing children the social, educational, health and nutritional services they need to grow up healthy, happy, and confident.

**Grinnell Community Daycare and Preschool** (private)  
1436 Penrose, Grinnell  
grinnelldaycare@iowatelecom.net

**Grinnell Newburg Preschool** (public)  
1310 Hobart St. (at Fairview School), Grinnell

**Community Preschool** (private)  
UCC Congressional Church, 902 Broad Street, Grinnell

**Grinnell Christian Church Preschool** (private)  
1331 Hobart Street, Grinnell

**Grinnell College Preschool** (private)  
1207 Park Street, Grinnell

**Brooklyn Preschool** (public)  
1090 Jackson Street, Brooklyn 52211

**Montezuma Preschool** (public)  
504 N. 4th Street, Montezuma 50171

Schools

**Grinnell – Newburg Community School District**  
www.grinnell-k12.org  
Administrative Office: 1333 Sunset, Grinnell  
Fairview Elementary School: grades preschool – 2  
1310 Hobart St.  
Bailey Park Elementary School: grades K – 2  
210 Eighth Ave.  
Davis Elementary School: grades 3 – 4  
818 Hamilton Ave.  
Grinnell Middle School: grades 5 – 8  
132 East Street South  
Grinnell High School: grades 9 – 12  
1333 Sunset

641-236-3923
Independent Learning Center
1333 Sunset
Formerly New Horizons Alternative H.S. and School-Within-A-School

Central Iowa Christian School: grades K – 8 (private) 641-236-3000
www.centraliowachristian.org
201 380th Avenue, Grinnell

Iowa Valley Community College District (IVCCD) 641-236-0513
www.iavalley.edu
Grinnell Campus: 123 6th Avenue, Grinnell

Iowa Valley Continuing Education (IVCE) 641-754-1348
High School Equivalency Diploma (HSED, formerly GED), ESL tutoring, continuing ed. classes

Brooklyn – Guernsey – Malcom Community School District 641-522-7058
www.brooklyn.k12.ia.us
1090 Jackson Street, Brooklyn 52211

Lynnville – Sully Community School District 641-594-4445
www.lshawks.org
12476 Hwy F62 E., Sully 50251

Montezuma Community School District 641-623-5129
www.montezuma-schools.org
504 N. 4th Street, Montezuma 50171

Education Agencies

Area Education Agency (AEA 267) 641-236-7596
wwwaea267.k12.ia.us Fax: 641-236-6261
726 5th Avenue, Grinnell
Early Childhood services, services for children with disabilities; work experience.
Open during the school year.

AEA Marshalltown Regional Offices 641-753-3564
(Special Education Building)
909 South 12th Street, Marshalltown 50158

English as a Second Language (ESL) – Kids 641-236-6324
troseenow@grinnell.k12.ia.us

Network of Iowa Christian Home Educators (NICHE) 515-830-1614
www.the-NICHE.org 800-723-0438
PO Box 158, Dexter 50070
E-mail: info@the-niche.org
Employment Agencies

Iowa Workforce Development
www.iowaworkforcedevelopment.gov
3405 South Center Street, Marshalltown 50158
1000 East Grand Avenue, Des Moines 50319
800-562-4692
641-754-1400
Fax: 641-754-1443
515-281-5387

Promise Jobs
www.iowaworkforcedevelopment.gov/promise-jobs
Provides work experience opportunities, job skills training, and family development to FIP recipients. To schedule a meeting in Grinnell, call the Marshalltown number listed here.

Denison Job Corps
http://denison.jobcorps.gov/
712-265-2300
800-733-JOBS (5627)
For young women and men 16-24 years old and solo parent program. Second chance to graduate; vocational training. Must meet educational guidelines.

Mid-Iowa Community Action (MICA)
641-236-3923
MICA has information on applying for jobs. Through the Strong Parents Strong Children (SPSC) program they offer job coaching.

Iowa Vocational Rehabilitation Services
www.ivrs.iowa.gov
204 W. State Street, Marshalltown 50158
641-352-7942
The mission of Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.

Aventure
www.aventure.com
641-236-7470
820 4th Avenue, Grinnell

Jacobson Staffing
929 Broad Street, Grinnell
641-236-6808

QPS Employment Group, Inc.
www.qpsemployment.com
641-236-9722
1108 West St, Grinnell

TEMP Associates
1029 Broad Street, Grinnell
641-236-9220
Health and Medical Services

Hospital and related health centers

Grinnell Regional Medical Center (GRMC) 641-236-7511
www.grmc.us E.R. 641-236-2380
210 4th Ave., Grinnell

Light Center for Community Health – GRMC Public Health 641-236-2385
www.grmc.us/services/public-health
306 4th Avenue, Grinnell
Immunization clinics, communicable disease control, community care clinic, lead tests.

Postels Community Health Park 641-236-2953
www.grmc.us/services/integrated-medicine
807 Broad St., Grinnell
Massage and relaxation therapies; physical therapy; reflexology; etc.

Paul W. Ahrens Fitness Center 641-236-2999
www.grmc.us/services/wellness-services
824 Commercial St., Grinnell (Postels Comm. Health Park)
Exercise classes with on-site childcare.
Immediate family members of inpatients may use the PWA Fitness Center at no cost.

Programs at GRMC facilities

Manatt Family Urgent Care Clinic 641-236-2378
Check in on first floor of the Ahrens Medical Arts Building, 210 4th Ave.
Mon—Fri, 7 am – 7 pm., Sat, 9 am – noon.

Grinnell Regional Community Care Clinic (Free Clinic) 641-236-2385
Light Center. 2nd and 4th Thurs., 2 – 4 pm. Call for an appointment.
Free medical services for uninsured, low-income residents of Poweshiek County.

Blood Pressure Clinic 641-236-2385
Light Center. Thurs. 1 – 2 pm.

Grinnell Regional Babies Room 641-236-2385
See “Services for Expectant Mothers,” page 7, for complete entry.

WIC Clinics (Well Child) 800-390-5293
Call the Marshalltown MICA office for an appointment.
See “Services for Expectant Mothers,” page 7, for complete entry.

Immunization Clinic 641-236-2385
Light Center
Call for an appointment. Hours are posted on www.grmc.us/services/public-health
Grinnell Regional Home Care  
www.grmc.us/services/home-care  
Light Center.  
A home health agency

Adult Foot Care Clinic  
Light Center. 2nd, 3rd, and 4th Wed., 9:00 – noon.  
Call Grinnell Regional Home Care for an appointment.

Grinnell Regional Women’s Health Clinic  
Ahrens Medical Arts Building, 2nd floor.

Grinnell Regional Hospice  
Support with end-of-life care, both in-home and in the hospital (GRMC).

Non-GRMC Medical Services

Midwest Ambulance Service of Iowa  
Emergency: 911  
Non-emergency: 641-236-4080

Iowa Department of Public Health  
www.idph.state.ia.us  
515-281-7689  
321 E. 12th Street, Des Moines 50319-0075

Central Iowa Family Planning  
www.cifp.org  
717 5th Ave. Suite 4, Grinnell  
Confidential and affordable reproductive health care services for men and women, including yearly exams, testing and treatment of sexually transmitted infections, birth control method options counseling, emergency contraception, pregnancy testing and counseling. All clients are accepted regardless of their income/insurance status.

Referral Source  
www.211.org  
Phone: 211  
Through United Way. They offer free and confidential information for help with food, housing, employment, health care, counseling, and more.

Veterans Affairs (VA) Regional Benefits Office  
www.centrailowa.va.gov  
210 Walnut St., Des Moines  
For more information see entry in Services for Elderly, page 14

Partnership for Prescription Assistance  
www.pparx.org  
Single-source prescription assistance

Iowa Prescription Drug Corporation  
www.iowapdc.org  
$3 Medication Voucher Program
NeedyMeds 800-503-6897
www.needymeds.org
Prescription drug card offers discounts at certain pharmacies.

Home Health Agencies – Community Services of St. Francis 641-236-7717
2021 4th Ave., Grinnell

Iowa Department of Human Services (DHS) 800-342-0829
www.dhs.iowa.gov
   Local Child/Adult Abuse Hotline 641-792-1955
   State-wide child/dependent adult Abuse Hotline 800-362-2178
   E-mail: CJaspe01@dhs.state.ia.us
Financial services include SNAP (food stamps) and medical assistance, and services for children and families.

Iowa Brain Injury Information Center 800-444-6443
Brain Injury Association of Iowa
317 East 6th Street, Des Moines 50309

Iowa Statewide Poison Control Center 800-222-1222
www.iowapoison.org
401 Douglas Street., Ste. 402, Sioux City 51101
Emergency or urgent question: 800-222-1222

Total Rehab 641-236-4506
234 West St, Grinnell
Orthopedic & sports specialists, physical therapy, strength & conditioning, work posture education

Visiting Nurse Services (VNS) of Iowa 515-288-1516
www.vnsia.org
1111 9th St. Ste. 320, Des Moines 50314
**Dental Services**

**I-Smile**
www.ismiledentalhome.iowa.gov
An I-Smile dental professional does child dental screenings at the Light Center the 3rd and 4th Tuesdays of the month.

**Mother-Child Wellness Program**
641-236-2006
Serves families in Mahaska, Poweshiek, and Jasper Counties who have household income of 200 percent of poverty level or under. They can assist in finding dental care and screenings.

**Poweshiek County Dental Coalition**
515-650-1877
E-mail: PoweshiekDentalCoalition@gmail.com
Promotes screening and dental clinics for children 0 – 18. Voucher funds are available for dental care for children who are underserved.

**Vision**

**Lion’s Club**
Referrals through school nurses and support staff.
They do screenings in Head Start and other preschool classrooms and help provide glasses to children from low-income families.

**Prevent Blindness Iowa**
515-244-4341
www.preventblindness.org/Iowa
1111 9th St. #250, Des Moines 50314
Sight for Students program. Referrals and applications are available through school nurses and support staff.
Support Groups

Bariatric Surgery Patient Support Group
Tomasek Conference Center, GRMC, 1st Saturday, 9 – 11 am.
This group provides education for GRMC patients who have had gastric bypass surgery.

Breastfeeding Class
Given once per quarter. Call for information.

Breastfeeding Support Group
Light Center, First Tues. of each month, 10:30 am.

Cancer Support Group
Every Tuesday, 9:30 – 10:30 am.
E-mail: LRomero@grmc.us

Caregivers Support Group
E-mail: BGallegos@grmc.us
First Presbyterian Church, 1025 5th Ave, Grinnell
Fourth Tues. of each month, 10 – 11 am.

Diabetes Living Support Group
Tomasek Conference Center, GRMC, 2nd Monday of odd months, 7 – 8 pm.
This support group meets monthly and is open to all people with diabetes.

Grief Support Group
E-mail: bgallegos@grmc.us
Drake Community Library, 930 Park St., Grinnell, 2nd Wed. of each month, 10 – 11 a.m.

Meet and Eat Bereavement Support
Tomasek Conference Center, GRMC, 1st Sunday of the month, 5:30 pm.
E-mail: shuls@grmc.us
This bereavement support group provides social opportunities for widows and widowers. Individuals gather for a meal and social activities.

Lyme Disease Support Group
Support group for those who suffer from Lyme disease and their family or support persons. The group provides educational speakers, support, and discussion of treatment modalities. Contact: Dale Lamb, Lamb Law Office

Alcoholics Anonymous (AA)
For a schedule of meetings, see the section on Substance abuse / Support groups, page 26.

ANAD: Nat’l Assoc. of Anorexia Nervosa and Associated Disorders
410 Washington, Lot 31, Grinnell; Mon. 7:30 – 8:30 pm
Contact: Brooke Burkett.
Support group for men and women with bulimia or anorexia.
Medical Equipment

Grinnell Regional Home Care, Loan Closet
210 4th Avenue, Grinnell
641-236-2385

Hammer Medical Supply
1719 1st Ave. E., Newton
641-792-9339

Lincare
Urbandale, IA (no longer an office in Grinnell)
515-223-6078

Long Term Medical Supply
929 Broad St., Grinnell
641-236-0608

Medical Insurance

Hawk-I
www.hawk-i.org
800-257-8563
No- or low-cost health care coverage to children in working, income-eligible families.

Medicaid (also called Title 19)
www.dhs.iowa.gov (Health care options are listed under the tab “Can we help?”)
800-338-8366
Apply on line through the Iowa Department of Human Services website. MICA can also help you apply for various Iowa DHS services. For immediate coverage, see Outreach entry below.

Iowa Health and Wellness Plan
www.dhs.iowa.gov (Link to Medicaid.)
800-338-8366
This is an Iowa Medicaid program, new in 2014, that covers adults ages 19 to 64. Eligible member income is at or below 100 percent of the Federal Poverty Level.

Outreach
641-236-2385
This program helps families who think they may qualify for Medicaid or Hawk-I. It allows eligibility on same day notice and covers the same benefits as Medicaid. For information, please call the Light Center, or contact VNS of Iowa at 515-558-6240
Mental Health

Suicide Prevention Lifeline 800-273-8255
www.suicidepreventionlifeline.org

Grinnell Regional Mental Health Clinic 641-236-2347
www.grmc.us/services/mental-health
210 4th Ave, Grinnell
Ahrens Medical Arts Building, third floor; M – F, 8:00 am – 4:30 pm.

The Station Clubhouse 641-236-5325
729 Pearl Street, Grinnell
E-mail: station@pcpartner.net
The Station Clubhouse is a psychosocial rehabilitation program for adults with a mental illness. It includes work-oriented living skills, and socialization activities in a safe and supportive environment, as well as in-home community support services.

Linda Knierim, LISW 641-236-3090
715 5th Avenue, Grinnell

Jeff Wells, LMFT, CADC 641-236-4680
www.goodtherapy.org/jeff-wells-therapist.php
815 1/2 5th Ave., Grinnell
Individual therapy for adults and older adolescents; substance abuse evaluation and counseling

Collaborative & Strength-Based Counseling 641-236-8811
www.GrinnellCounseling.com
Kun-Hong Lu, LISW

Davis Psychological Services, PC 641-236-0632
www.davispsychservices.org
Dr. Brandon Davis
821 5th Avenue, Suite 201, Grinnell

Creative Hope Counseling 641-226-2665
www.creative-hope.com
Sara Erselius, LISW, RPT
Montezuma
Offers play therapy. Provides individual and group therapy for children & adolescents.

Prelude Behavioral Services (formerly MECCA) 641-226-2665
www.PreludeIowa.org
3451 Easton Blvd, Des Moines 50317 515-262-0349
430 Southgate Ave, Iowa City 52240 319-351-4357
Prelude provides an array of services including substance abuse and problem gambling treatment, outpatient and residential treatment, halfway and transitional housing, and case management.
Healthy Homes Family Services
www.healthyhomesfs.com
712-307-6014
806 5th Ave, Suite #2, Grinnell
In-home skill building working with children age 3 to 17 years as well as their families struggling with a child’s behaviors in the home or school setting. Families must have Medicaid health insurance to qualify. All major insurances accepted for outpatient therapy. They also offer support groups.

Capstone Behavioral Healthcare
www.capstonebh.com
641-792-4012
306 N. 3rd Avenue E., Newton 50208
Psychiatric therapy for mentally ill; help with substance abuse.

Midwest Counseling, LLC
www.midwestcounselingllc.com
319-668-1217
523 ½ Court St., PO Box 313, Williamsburg, IA 52361
Grinnell Office: 821 So. 5th St., Suite 208; various hours M – F
Jessica McNaul, LMHC, NCC, offers counseling in Grinnell.
Dr. Robert Detlefsen, DNP, sees all ages and offers psych med management.
All major insurance accepted; sliding scale available.

NAMI (National Alliance for the Mentally Ill)
www.nami.org or www.namiiowa.com
641-792-2441
Congregational United Church of Christ, 308 E. 2nd St. North, Newton
NAMI Jasper County support group: 4th Monday each month at 6:30 pm

CADC Certified Alcohol and Drug Counselor
LISW Licensed Independent Social Worker
LMFT Licensed Marriage and Family Therapist
RPT Registered Play Therapist
DNP Doctor of Nursing Practice
LMHC Licensed Mental Health Counselor
LCSW Licensed Clinical Social Worker
NCC National Certified Counselor
LPC Licensed Professional Counselor
Substance abuse / Support groups

Support Numbers
- Substance Abuse Helpline: 800-662-4357
- Methamphetamine Hotline: 888-664-4673
- Iowa Drug and Alcohol Helpline: 800-242-4111
- Al-Anon: 800-344-2666
- AA Hotline: 800-207-2172

24 hour Answering Service
- Des Moines: 515-282-8550
- Cedar Falls: 319-232-4117
- Cedar Rapids: 319-365-5955

Substance Abuse Treatment Unit of Central Iowa (SATUCI)
- www.satuci.com
- 927 4th Avenue, Community Center, second floor, Grinnell
- Mon. and Wed., 8 am – Noon, 1 – 5 pm.
- Evaluations, outpatient treatment, prevention and education

Jeff Wells, LMFT, CADC
- www.goodtherapy.org/jeff-wells-therapist.php
- 815 1/2 5th Ave., Grinnell
- Individual therapy for adults and older adolescents; substance abuse evaluation and counseling

Alcoholics Anonymous (AA) Meetings
- United Church of Christ, 902 Broad St, Grinnell
  - Mon. & Thurs. at noon: (Alley entrance, downstairs)
- St. Paul’s Episcopal Church, 6th and State, Grinnell
  - Tues., Thurs., Sat., Sun. at 7:30 pm
  - Meeting for women: first Sat. of month at 9:00 am
- Grinnell College campus, 1233 Park St. (“CRSSJ Prayer Garage”)
  - Mon. at 7:00 pm (Enter from side door facing 8th Ave.)

Narcotics Anonymous
- 641-236-0270
- Station Club House, 729 Pearl St., Grinnell
- Fri. at 7:30 pm

Al-Anon Meetings
- www.ia.al-anon.alateen.org
- 888-4AL-ANON
- Support group for families of alcoholics.

Moms off Meth (MOMs)
- 641-673-0336
- Contact Jackie Allen Black, Crisis Intervention Services, jackie@cismc.org
Disability Services

Central Iowa Community Services – Poweshiek County Office  
www.poweshiekcounty.org/central-point-of-coordination/  
200 4th Ave West, PO Box 936, Grinnell  
bdaily@poweshiekcounty.org or brenda.daily@cicsmhds.org  
641-236-9199  
Fax: 641-236-1349  
General Assistance, Mental health funding for income-eligible. Service coordination, and services and support for people with disabilities in Poweshiek County.

CIRSI  
821 5th Ave. #205, Grinnell  
Community-based services for the mentally disabled  
641-236-1382

Diamond Life Health Care  
4912 Barnes City Rd, PO Box 820, Montezuma 50171  
Contact: Debbie Van Wyk  
Residential Care Facility (RCF) for the mentally ill and mentally disabled  
641-623-5715

Lutheran Services in Iowa  
109 N. 2nd Ave. E., Newton  
Services for people with mental illness or mental disability  
641-792-1541

Genesis Development  
www.genesisdevelopment.com  
925 Broad St., Grinnell  
Provides support for people with disabilities, including supported community living services.  
641-236-0230

The Arc of Poweshiek County  
Contact: Karen Veerhusen-Langerud  
veerhuse@grinnell.edu  
Advocacy for children and adults with intellectual and developmental disabilities.  
The Arc of East Central Iowa  
www.arceci.org  
680 2nd Street S.E., Suite 200, Cedar Rapids 52401  
800-843-0272  
319-365-0487 ext. 1053

Goodwill Industries  
Des Moines Headquarters  
Supported training and employment for mentally ill and mentally disabled.  
515-265-5323

Special Olympics Iowa  
551 Dovetail Rd., PO Box 620, Grimes 50111  /rschwarzkopf@soiowa.org  
515-986-5520

DHS Department for the Blind  
524 4th St., Des Moines 50309  
515-281-1333
The mission of Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.
Domestic Violence/Sexual Assault

Sexual Abuse Hotline 800-779-3512
Sexual Abuse, Iowa 800-284-7821
Domestic Abuse Hotline 800-942-0333
Crisis Center Hotline 641-683-3122

National Sexual Assault Hotline 800-656-HOPE (4773)

Crisis Intervention Services
www.stopdysa.org
Sexual Assault Crisis Line 800-270-1620
Emergency Housing Crisis Line 844-673-5499
Main Office: 500 High Ave. West, Oskaloosa 52577 641-673-0336
Grinnell Office: 927 4th Ave., Grinnell 641-670-1436
semi-regularly staffed, 8:30 am – 5:00 pm.
Sexual assault and shelter-based services; a support group meets in Oskaloosa.

Crisis Center 800-464-8340
PO Box 446, Ottumwa 52501 641-683-1750
Ask for the Domestic Violence Advocate for Poweshiek and Tama counties
Domestic abuse services. The Ottumwa shelter has closed; women are referred to the Oskaloosa shelter. (Transportation is available.)

Deaf Iowans Against Abuse
www.csddiaa.org

Iowa Coalition Against Sexual Assault 515-244-7424
www.iowacasa.org
Services include training and certification for victim counselors and advocates; referrals to other agencies.

Iowa Coalition Against Domestic Violence 515-244-8028
www.icadv.org
Services include training and certification for victim counselors and advocates; referrals to other agencies.
Legal Services

Iowa Legal Aid
www.iowalegalaid.org
800-532-1275
Legal hotline for older Iowans (M – F, 9 am – 4:30 pm)
800-992-8161
Free legal counseling for elderly and income-eligible individuals and families.
Mon – Fri, 9:00 – 11:00 and 1:30 – 3:30 (except Thurs. afternoons).
Appts available on the 3rd Thurs., 9:30 am – noon, at the Grinnell MICA office.
641-236-3923

Iowa Concern
http://www.extension.iastate.edu/iowaconcern/legal.html
800-447-1985

Iowa Workman’s Compensation
www.iowaworkforcedevelopment.org
515-281-5387
800-562-4692
1000 East Grand Ave., Des Moines 50319

Find-A-Lawyer – Attorney Referral Service
www.iowafindalawyer.com
800-532-1108
Service of the Iowa State Bar Association
Lawyers found through this service charge $25 for the first 30 minute consultation.

Disability Rights IOWA
www.disabilityrightsiowa.org
800-779-2502
TTY: 866-483-3342
400 East Court Ave., Suite 300, Des Moines 50309
Fax: 515-278-0539
Law Center to promote and defend human and legal rights of disabled and mentally ill.

Grinnell Police Department
1020 Spring St, Grinnell
(non-emergency) 641-236-2670
Occasionally gives rides to homeless individuals.

Poweshiek County Sheriff Office
www.poweshiekcosheriff.com
641-623-5679
4802 Barnes City Rd., PO Box 297, Montezuma 50171

Poweshiek County Attorney
641-623-5134
Rebecca Petig
Fax: 641-623-2820

Poweshiek County Clerk of Court
www.poweshiekcounty.org/clerkofcourt.htm
641-623-5644
302 East Main St., PO Box 218, Montezuma 50171

Magistrate Court (Wednesdays)
641-236-2625

Poweshiek County Probation/Parole Office
641-673-7038

Iowa Attorney General
www.iowaattorneygeneral.gov
515-281-5164
Fax: 515-281-4209

Office of Ombudsman
www.legis.iowa.gov/Ombudsman
515-281-3592
TTY: 515-242-5065
Ola Babcock Miller Building, 1112 East Grand, Des Moines 50319
888-426-6283
Investigates grievances about state and local governments.
Transportation

People Rides 888-616-4298
www.region6planning.org
903 E Main, Marshalltown 50158 641-752-6202
E-mail: Peoplerides@region6planning.org
Transportation within Grinnell 7:30 am – 3:30 pm, $2.50 one way.
Transportation to out-of-town medical appointments is offered subject to driver availability.
A shuttle is available to Iowa City on the first Thursday of the month, $10 each way; $20 total.
Departs from Marshalltown, with pickups in Grinnell or locations en-route. ETA to Iowa City no sooner than 9:30 am; return no later than 3:30 pm (early if all clients are ready).
Vehicles are handicapped-accessible.
Call for rates, or visit the website.
All services are open to the general public, including persons with disabilities.
Dispatch hours: M – F, 7:30 am – 4:30 pm, answering machine available for afterhours
messages. 24 hour advance notice preferred.

Access2Care 866-572-7662
(formerly TMS Transportation)
For Medicaid Non-Emergency Medical Transportation Program
Call center hours: M – F, 8 am – 5 pm.
Call at least 3 days prior to the appointment to schedule transportation.
Access2Care can act as a broker, helping transportation providers to receive Medicaid
reimbursement for services.

Presbyterian Church Drivers Program 641-236-6059
Rides to scheduled medical and dental appointments.
Please call 2 weeks in advance if possible.

Community Hope Church 641-623-4673
Van Ministry between Montezuma and Grinnell only

ACME Cab Company 641-260-6371
Financial Assistance

**Mid-Iowa Community Action (MICA)**
641-236-3923
611 4th Ave., Grinnell
Emergency funds for rent, utilities, gas vouchers for medical appointments. Low-Income Home Energy Assistance Program (LIHEAP), budgeting assistance. VITA program for help filing taxes.

**The Campbell Fund**
641-236-2600
Grinnell Community Center, 927 4th Ave., Grinnell
Financial assistance for groceries, taxi services, utilities and medical services for income-eligible Grinnell residents.

**Central Iowa Community Services – Poweshiek County Office**
641-236-9199
200 4th Ave West, Grinnell
General Assistance provides emergency assistance to Poweshiek County residents to meet basic needs such as food, shelter, medical and utilities. It is not intended to provide on-going, long-term assistance to any individual and/or family.

**Salvation Army Poweshiek County Service Extension #261**
641-623-3275
Located at the First Presbyterian Church, Montezuma
Call Welfare Secretary for information and an appointment – Darla Wilson,
Providing assistance within the county for a variety of emergency needs according to SA guidelines.

**Grinnell Ministerial Association**
641-236-6059
MICA will screen candidates for rent, utilities, gas vouchers for residents of Grinnell, Malcom, Newburg, and Searsboro. Grinnell Police Department distributes 1 time vouchers for hotel room and meals for transient persons.

**Brooklyn Ministerial Association**
641-522-9298
Presbyterian Church, 503 Clay St., Brooklyn

**Montezuma Ministerial Association**
641-623-3275
Local churches working together to meet needs of community residents. Community Needs fund is for emergency need and crisis situation and not for negligence, irresponsibility, or repeated use throughout the year. Application for assistance is available from client in-take worker (usually a pastor) at the Montezuma Food Pantry during their hours of operation. No immediate assistance available: may have a 72 hour wait for determination. Welfare secretary Darla Wilson available to answer inquiry calls.

**Emergency Loan Program (SEG)**
E-mail: grinnellmicrofinance@gmail.com
This program provides no-interest loans for emergencies such as car repair, temporary loss of income, or medical emergencies. It is also intended to serve as an alternative to predatory loans.

**Mid-Iowa Credit Counseling**
Ames 888-720-9049
Waterloo 641-234-0661
Des Moines 888-272-4118
Miscellaneous

National Runaway Service Crisis Line 800-621-4000

National Suicide Prevention Lifeline 800-273-TALK (8255)
515-233-2330
800-600-2330

Habitat for Humanity
PO Box 782, 402 E 1st Avenue, Newton 50208
jaspercountyhabitat@gmail.com
Call to donate building items, or to check if items are available for purchase.

United Way Fund
641-236-7575
PO Box 121, Grinnell

Social Security Administration
800-772-1213

Marshalltown Social Security
2502 South 2nd St., Marshalltown 50158

American Red Cross
800-951-5600
www.redcross.org or www.redcross.org/local/ia
This phone number will direct you to the Des Moines chapter, which is the closest chapter to Poweshiek County

Poweshiek County Extension Office
641-623-5188
www.extension.iastate.edu/poweshiek
114 S. 3rd St., PO Box 70, Montezuma
Poweshiek County Extension can assist you with making decisions that affect your family, community, business, or farm. They rely on ISU Extension for unbiased, research-based information and education to help you make better decisions.

Conflict Resolution Center of Iowa
641-236-3939
PO Box 925, Grinnell
Mediation services (formerly Iowa Peace Institute)

Assurance Wireless
888-321-5880
www.assurancewireless.com
Federal lifeline assistance providing free cell phones to income-eligible people.

House of Compassion Shelter
641-752-5999
211 W. Church St., Marshalltown 50158
Homeless shelter (men, women, and families) and soup kitchen

Drake Community Library
641-236-2661
www.grinnell.lib.ia.us
930 Park St., Grinnell
**Christmas Shares**  
641-236-7402  
Contact: Pam Montgomery, Grinnell  
Program to help low-income families by purchasing gift items. Families should call to sign up for the program.

**Christmas Joy**  
641-623-3275  
Program offered through the Montezuma Ministerial Association to help low-income families living within the Montezuma school district with gifts for custodial children. Program collaborates with Christmas Share in Grinnell: families may sign up for one or the other program but not both. Sign up at the First Presbyterian Evangelical Church October the 4th weekend of the month: bring identification to serve as current address verification. Call for more information.