

Which COVID-19 Test is Best for Me?

| | PCR Test in SHAW | PCR Test Test Iowa | Antigen Rapid Test At Home Kit |
|---|--|-----------------------|-----------------------------------|
| Symptomatic without history of infection or positive test in the last 90 days | ✓ | ✓ | ✓ |
| Symptomatic with history of infection or positive test in the last 90 days | | | ✓ |
| Official documentation needed of negative or positive test <i>If you tested positive within the previous 90 days and subsequently recovered and remain without COVID-19 symptoms you do not need to get tested.</i> | ✓ | ✓ | |
| Asymptomatic with exposure and history of recent infection or positive test in the past 90 days <i>At least 5 days after your <u>last close contact</u> with someone with COVID-19</i> | No need to test! Monitor for symptoms. If you experience any COVID-19 symptoms, schedule an appointment with SHAW. | | |
| Asymptomatic with exposure and have not tested positive in the past 90 days <i>At least 5 days after your <u>last close contact</u> with someone with COVID-19</i> | ✓ | ✓ | |
| Symptomatic with exposure and have not tested positive in the last 90 days | ✓ | ✓ | ✓ |
| If you are experiencing severe symptoms* please call your medical provider for any other symptoms that are severe or concerning to you. <i>*trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, pale, gray, or blue-colored skin, lips, or nail beds, depending on skin tone</i> | Contact SHAW, a local provider, or a walk-in clinic right away if any experiencing any of these symptoms. | | |