

Student Physical Exam

Date of Physical Exam must be within one year of arrival to Grinnell College (After August 2023). **Athletes** must have a physical exam after April 1, 2024 per NCAA requirements.

This form must be signed and dated to be accepted. Since this student has already been accepted for admission, the information supplied will not affect their status and will be used only as background for providing any needed care by Student Health and Wellness and/or Athletics. This information will not be released to any requesting party without the student's written consent. This form, along with a copy of the student's immunization record, and TB Form if applicable, should be given to the student who will return it to the College.

Legal Name:							
Last				First		Middle Initial	
Name-In-Use:							
Last				First		Middle Initial	
Date of Birth:	n: (month/day/year)						
Sex assigned at birth: □Fer	nale	□Ма	ale Lega	al Sex: □Female	□Male		
Gender Identity: □Female	□м	ale 🗆	lGenderqueer [□MtF Female □F	tM Male	□Non-binary	
Pronouns: she/her/hers		he/him	n/his 🗆 they/t	hem/theirs □ o	ther		
T. b	•						
To be completed by	prin	nary	care provide	<u>er.</u>			
To the Examining Physician	: Plea	se rev	iew the student's	s report and comp	lete this p	physician's form. No other	
form will be accepted.						·	
DATE OF EXAM:							
Blood Pressure: Weight: Height:							
Blood Pressure:		vv	eignt:	Height:	·		
Are there any abnormalitie	s of tl	he foll	owing systems?				
	No	Yes	Describe fully				
Head, Ears, Nose, or Throat							
Respiratory							
Cardiovascular							
Hernia							
Eyes							
Genitourinary							
Musculoskeletal							
Metabolic/Endocrine							
Neuropsychiatric							
Skin							



Is the patient under the care of a medical specialist for any medical condition?		□No	
If yes, please explain:			_
Is the patient under treatment for any psychological condition?	□Yes		_
Do you have any recommendations regarding the care of this patient?	□Yes	□No	_
			_
Recommendations for physical activity/athletics:	□Unlimited		_ □Limited
Explanation:			
Medications: (please list below) □ None			
Allergies: <i>(please list below)</i> □ None Known			
A complete immunization record must accompany this form. Please confirm the all required immunizations. NOTE: Meningococcal B is a newer vaccine and is Bexsero as it only requires 30 days between doses.	hat the s	tudent	has receive
Physician's Signature:			
Practice Name:	-		
Practice Address:			
Practice Phone Number / Fax Number: / /			



REQUIRED Immunizations

Please attach documentation of the immunizations. Students will need to enter this data into the student health portal. Please note, if you require a second dose of any immunization, you will need to supply documentation of this dose to SHAW. If your doctor's office does not have this immunization, we suggest contacting your local Public Health Department or local pharmacy. International students whose countries do not provide certain immunizations will have an opportunity to schedule needed vaccines upon arrival. Requests for exemption can be sent to shaw@grinnell.edu.

Measles/Mumps/Rubella (MMR)

MMR is a 2 dose series. First dose must have been received after 12 months of age to qualify

Meningococcal Quadrivalent (A, C, W, Y)

Last dose must have been within the past 5 years or August of 2017.

Menactra
 Menveo
 Men ACWY

Serogroup Meningococcal B

New requirement as of 2019. Must receive 2 doses.

- Bexsero (2 dose series, 30 days between doses)
 doses)
- Trumenba (2 dose series, 6 months between

Tetanus, Diphtheria, Pertussis

Last dose must have been within 10 years or August of 2012

TdTdap

Varicella

Varicella is a 2 dose series. First dose must have been **after** 12 months of age to qualify If you had the chicken pox disease, a physician **must** verify the date of disease (month/day/year) to eliminate the need for vaccination. *Titers can be obtained as proof of immunity. NOTE: Laboratory results of titers must accompany this form.*

Tuberculosis Screening *See next page for details

*Screening lab tests are not covered by insurance. Students are responsible for the cost of testing.

RECOMMENDED Immunizations

- Hepatitis A Vaccine
- Hepatitis B Vaccine
- Human Papillomavirus (HPV) Vaccine
- Polio Vaccine
- COVID-19

Grinnell College **strongly** encourages all students to be fully vaccinated (including a booster dose)



Tuberculosis Screening

Please complete the online Tuberculosis Screening from.

As some students may be going to a physician before they complete the form, the questions are provided here.

If you answer yes to any of the below questions, you will need the Clinical Assessment Form (see *next page*).

- 1. Have you ever had a positive Tuberculin skin test (PPD)?
- 2. Have you had close contact with someone who was diagnosed with Tuberculosis?

 Close contact is defined as having shared air space with an individual with Tuberculosis in an indoor setting for more than 15 hours per week.
- 3. Were you born in one of the countries listed below AND arrived in the U.S. within the past 5 years?
- 4. Have you traveled or lived for more than 1 month in one or more of the countries listed below? If yes, please check the country below.
- 5. Have you ever been vaccinated with BCG?
- 6. You have spent significant time (over 30 days??) in one of the below countries in the last 5 years.

World Health Organization (WHO): List of High-Risk Tuberculosis Exposure Countries

Angola, Bangladesh, Brazil, Central African Republic, China, Congo, Democratic People's Republic of Korea, Democratic Republic of Congo, Ethiopia, Gabon, India, Indonesia, Kenya, Lesotho, Liberia, Mongolia, Mozambique, Myanmar, Namibia, Nigeria, Pakistan, Papua New Guinea, Philippines, Sierra Leone, South Africa, Thailand, United Republic of Tanzania, Uganda, Viet Nam, Zambia,



Stud	ent Name:			_ Date of Birth: _	/	/	·
	Last	First	Middle		M	D	Υ
	Clinical Tuberc	ulosis Assessm	ent by Health Ca	are Provide	<u>r</u>		
	rsons answering YES to any of t complete this form with their me	•		•	are r	equir	ed
1.	Does the student have sig	ns or symptoms o	f active pulmonary	tuberculosis	dise	ease	?
	□ Yes □ No - I	f No, proceed to 2 o	r 3				
	If yes, check below:						
	Cough (especially if lastinCoughing up blood (hemoUnexplained weight loss	optvsis)	nest pain	☐ Loss of appe			
	Proceed with additional evalu tuberculin skin testing, chest			including			
-	Tuberculin Skin Test (TST) - TST result should be recorded a no induration, write "0". A test ?	s actual millimeters (r	nm) of induration (hare	d, dense, raised			
Date	e Test Placed://	Date Test Read: _	// Resu	lt : mm	of in	dura	tion
•	Interferon Gamma Release Ainduration. Testing must be portion. The Quantiferon Gold blood test materies an out of pocket cost of \$100 carries.	erformed <u>within six m</u> by be obtained in Grinne O (U.S. dollars).	onths of entrance to Gell. This blood test is not	Grinnell College.			m of
I	Date Obtained://	_ (Month, Day, Year)					
(Specify method: □ QFT-G □	QFT-GIT 🗆 T-Spc	ot □ other				
	IGRA Result: (The actual lab re	eport is required and	written or translated ir	nto English)			
	☐ Negative ☐ Positive – Al Stand-alone chest x-ray will not so IGRA laboratory results to Grinne	atisfy TB requirement. S	•	•	e trans	slated	d
4.	Chest x-ray: Required if IG	RA laboratory resu	ult is positive.				
	Date of Chest x-ray:/	/ (Month,	Day, Year)				
	Result: Normal All Chest X-Rays must be from		mmediate medical a t e last 90 days.	ttention)			
5.	Did the student receive tre	eatment?	□ Yes	□ No			
	If yes, what medication	Physician's Signature:					
	regimen was prescribed?						
	Date treatment started:						
	// Date treatment completed:		ax Number:				
		DATE OF EXAM:					