

# Grinnell College Student Health and Wellness

## New Students Required Health Forms Instructions

### Portal Instructions

- In a web browser, go to [shacscom.grinnell.edu](https://shacscom.grinnell.edu).
- Under "Sign In", enter your college email.
- Hit Next.
- Under "Enter Password", enter your college password.
- Hit Sign In.
- A DUO confirmation screen will pop up. Enter your DUO confirmation. You may have to manually go back to your browser.
- When it asks "Stay Signed in?" Hit Yes or No. It doesn't matter.
- On the next screen you will enter your birth month, date, and year.
- Hit Proceed.
- You are now logged in!

### Medical Clearances

- Once logged in, click on **Medical Records** on the left navigation
- This will take you to the Medical Clearances Homepage. You upload and enter all of your required documents from here.
- The *status* column will be **Not Compliant** and the *details* column **No Data**.
- As you complete and upload items the *Details* column will change.
- Satisfied items will change the *status* column to **Compliant**.
- **Not Satisfied** and **Awaiting Review** will leave the *status* column as **Not Complaint** as a nurse must review each item.
- Some items need to be completed online. Please do these first.
- Other Items require paper forms that will need downloaded and printed off. These will also need to be uploaded once completed.
- The rest of the items require online entry and corresponding documents to be uploaded.

### Questions?

Contact a nurse through the message feature in the portal. Or call SHAW at 641-269-3230.