PROTOCOL FOR STAFF REGARDING SYMPTOMATIC AND ASYMPTOMATIC EXPOSURE¹ TO COVID-19

JANUARY 12, 2022 UPDATE

What to do if:

<table>
<thead>
<tr>
<th>1. You Tested Positive for COVID-19</th>
<th>2. You have been exposed¹ to a person who has tested positive for COVID-19</th>
<th>3. You have a household member who has tested positive for COVID-19</th>
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</table>
| • Isolate yourself, do not come to campus, and wear a mask at home and in the community as much as possible. | • If you are fully-vaccinated²:  
  - Continue normal routines including in-person work (masked) and monitor symptoms daily.  
  - PCR Test² day 5 after exposure. Contact provider or use TestIowa PCR test.  
  - If you test positive, see directions in column #1.  
  - If you develop symptoms see document entitled, Protocol for Employees Experiencing Symptoms³. You may also contact your healthcare provider for additional guidance. | Wear a mask as much as possible in the home and at all times when indoors at work. |
| • We recommend that you contact a healthcare provider.  
• Contact your supervisor and HR to notify of your need to be absent.  
• If your health permits you to otherwise continue your duties and your position allows, work remotely. The College has provided up to 80 hours of Covid care time for staff members.  
• Record time on your timesheet as SIOF if not working and SIWK if working.  
• Return after at least 5 full days (day 6 or after), fever-free for 24 hours, and improving symptoms. (Loss of taste and smell may persist and need not delay the end of isolation.) | • If you test positive, see directions in column #1.  
• If you develop symptoms see document entitled, Protocol for Employees Experiencing Symptoms³. You may also contact your healthcare provider for additional guidance. | If you are fully-vaccinated²:  
  - Continue normal routines including attending in-person work (masked) and monitor symptoms daily.  
  - PCR Test² as soon as possible (day of exposure). If test results are negative, retest with PCR on day 5 after exposure.  
• If you test positive, see directions in column #1.  
• If you develop symptoms see document entitled, Protocol for Employees Experiencing Symptoms³. You may also contact your healthcare provider for additional guidance.  
| • If you test positive, see directions in column #1. | If you test positive, see directions in column #1. | |

¹ Exposure is when you have had close contact with a confirmed positive (within 6 feet for 15 minutes or more cumulative in a 24-hour period without a mask).

² Staff can contact HR (x4818) for a free rapid antigen test kit or TestIowa kit (subject to availability).

³ Fully-vaccinated means that your vaccines are up-to-date and you have received the recommended doses and boosters in the recommended timeframes. See CDC Vaccine guidance at <http://uqr.to/13rrd>.

⁴ <http://uqr.to/13rag>