

**Poweshiek County Inter-Agency
Resource Guide**

February 8, 2016

Please send corrections, additions, and suggestions to Emily Moore at
emilymoore@iowatelecom.net

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Groceries and Meals

WIC Clinics (Well Child)

800-390-5293

See “Services for Expectant Mothers / New Parents,” page 7, for complete entry.

SNAP (Food Stamps)

This is a DHS program. MICA can give families the application forms for this and other DHS programs. Call MICA at 641-236-3923.

Grinnell Community Meal

SJAG@grinnell.edu

Davis Elementary School Cafeteria, 818 Hamilton Ave., Grinnell

Free meal prepared by community members and Grinnell College Social Justice Action Group.

Open to anyone. Tuesdays, served from 5:45 to 6:15 pm; year around except for a few weeks in late summer and in mid-winter.

Food Recovery Network

641-236-6059

First Presbyterian Church, 1025 5th Ave., Grinnell

Prepared foods available for pick-up. Tues, Wed, Thurs: 12:00 – 1:00 pm.

Grinnell Food SHARE – food-buying coop

www.shareiowa.com

Local contact: Robin Young

641-236-3972

Order and pay for food the first Tues. of each month at Grinnell Senior Center, 12:30 – 1:30 pm.

Pick up food on 4th Sat. at St. Mary’s Religious Ed Center, 1013 Broad St., Grinnell

Bountiful Baskets Food Co-op

www.bountifulbaskets.org

For an introduction, select the tab “New Participant Instructions”

Find local information by selecting the tab “Locations” and entering IA for the state.

Imagine Grinnell – garden plots

641-236-5518

PO Box 344, Grinnell

Coordinates the Grinnell Community Garden, which offers low-cost and free growing space. Plot reservations are due in the month of March; the growing season is April through November. Also provides free summer educational programming.

ISU Extension and Outreach

www.extension.iastate.edu/foodsavings/recipes/all

This website offers recipes that are low-cost and nutritious.

Meals on Wheels

Grinnell Senior Center

641-236-2613

927 4th Ave., Grinnell

Meals on Wheels and Congregate (on site) Meals

Brooklyn Activity Center

641-522-5400

122 Jackson St., Brooklyn 52211

Meals on Wheels and Congregate (on site) Meals

Montezuma Nursing and Rehab
Meals on Wheels

641-623-5497

Food Pantries

Mid-Iowa Community Action (MICA) – Food Pantry
611 4th Ave, Grinnell

641-236-3923

Operates an emergency food pantry for those in need; distributes vouchers for milk and bread provided by local churches; distributes fresh produce from local farmers. Mon – Fri, 8:30 am – 4:30 pm

Brooklyn Food Pantry

641-522-7185

St. Patrick's Catholic Church, 211 Jackson St. (alley entry)
Wed. 2:00 – 6:00 pm. Contacts: Betty Klein, Mary Carlson

641-522-9283

Malcom Food Pantry

641-528-4004

Methodist Church Basement
Thurs. 4:00 – 6:00 pm

Montezuma Food Pantry

641-623-3275

Hwy 63 just north of Irwin St., Montezuma (Community Hope Church, east building)

Mon. 10:00 am – 12:30 pm, Wed. 2:00 – 4:30 pm, Thurs. 4:30 – 6:30 pm,
and every 3rd Sat. 10:00 am – Noon

The client choice pantry is for Poweshiek county residents only. Clients must meet government guidelines of household income not exceeding over 185% of federal poverty threshold and have updated ID to serve as address verification and list all living in the household with DOB, and SS.

Malcom Mobile Food Pantry

641-528-4245

Malcom Auditorium, 212 Main St., Malcom
Food from NEIA (Northeast Iowa) Food Bank

The 1st Wed. of every month, from 4:30 pm until supply runs out.

Food in the Schools

Free and reduced lunch program

Paid for through USDA, this program offers free and reduced-cost lunches to income-eligible children. Sign up through the schools.

Summer breakfast and lunch program

Call the schools for information.

Grinnell Tiger Packs

Food is placed in backpacks for students in need identified by school staff or self. Address questions to the Grinnell elementary and middle schools.

Housing*

Grinnell Housing Authority 641-236-2611

927 4th Avenue, Community Center, Grinnell 50112

E-mail: rentassist@iowatelecom.net

Rent assistance for income-eligible elderly, disabled, and families, funded by HUD. Eligible families select their own rental units anywhere in Poweshiek County. Applications are accepted continuously.

Fair Housing 800-669-3247

Deals with issues of discrimination and with landlord-tenant issues.

Income-based Housing for Families

Arbors Apartments	401 Washington Avenue, 2 & 3 BR	641-236-9233
Center Street Apartments	506 Center Street, 2 BR	641-236-6679
Grinnell Park Apartments	223 4th Avenue West, 1 & 2 BR	800-394-1288
Westfield Apartments	308 4th Avenue West, 1 & 2 BR	641-236-8909

Income-based Housing for Elderly and Disabled (in Grinnell)**

Grinnell Area Housing, 214 4th Avenue W. 641-236-6679

Brookside East

Brookside West 131 Fourth Avenue West

Brookside South 214 Fourth Avenue West

Monropark Apartments

Pearl Street Apartments 729 Pearl St.

Poynter Apartments (for CMI) 412 Third Avenue

Grinnell Estates, 2020 West St. 641-236-0102

Income-based Housing for Elderly and Disabled (outside Grinnell)**

Barnes City Housing, Financial Service Group, Inc 319-664-3002

Brooklyn Housing, Inc., Karen McNaul 641-623-5026

Deep River Housing, Financial Service Group, Inc 319-664-3002

Malcom Manor, Karen McNaul 641-623-5026

Montezuma, Sunny View Square, Grinnell Area Housing 641-236-6679

Searsboro Manor Apartments, Financial Service Group, Inc 319-664-3002

Victor Senior Housing, National Management 515-223-0300

Salvation Army Poweshiek County Service Extension Unit #261 641-623-3275

Call for information on family service shelter or help with eviction

303 E. Washington, Montezuma

Notes:

* For nursing homes see “Services for the Elderly”

** Elderly here means 62 and over.

Furniture and Clothing

Second Mile 515 3rd Ave., Grinnell Inexpensive used clothing, furniture, and much more. Contact: Deanna Vogt.	641-236-7892
Goodwill Industries 230 West St., Grinnell Inexpensive used clothing and furniture	641-236-7312
Anderson's Used Furniture 1018 Washington Ave., Grinnell Inexpensive used furniture. Open Fri. 1 – 6 pm and Sat. 9 am – 5 pm	641-236-3466
Phase II Consignment 912 Main St., Grinnell	641-236-8126
Montezuma Free Clothes Closet 411 E Main, Montezuma Mon. 10:00 am – 12:30 pm, Wed. 2:00 – 4:30 pm, Thurs. 4:30 – 6:30 pm. Every 3rd Sat., 10:00 am – Noon	641-623-3275
Tracy's Treasures 403 E. Main St., Montezuma Mostly clothes, but call to check if she has furniture.	641-990-2944
White's Consignment 806 S. Front St., Montezuma	641-623-2208
Once and Again Consignment 102 N. Orchard St., Brooklyn	641-522-2333
Salvation Army Poweshiek County Service Extension #261 www.centralusa.salvationarmy.org 303 E. Washington, Montezuma	641-623-3275

Services for Expectant Mothers / New Parents

GRMC's Before Baby and Beyond Program 641-236-2324

Kintzinger Women's Health Center, Grinnell Regional Medical Center
Educational program for expecting mothers, preparation for labor, delivery, and infant care. All parents who deliver at GRMC are encouraged to enroll in this free program.

Grinnell Regional Babies Room 641-236-2385

Mailing address: 210 4th Ave, Grinnell
Physical address: 306 4th Ave, Grinnell
Incentive program for income-eligible women who are pregnant or have a baby less than 18 months old. Moms are awarded "points" for healthy behaviors which can be redeemed at the Nest for baby supplies and merchandise. Single dads may participate in this program.

Grinnell Regional Babies Room Parenting Classes 641-236-2385

Grinnell Regional Babies Room offers educational classes on pregnancy, childbirth, parenting, and infant care to help new moms bring their babies into the world healthy. Participation in the Grinnell Regional Babies Room educational classes is open to anyone in the GRMC service area. Free. Call for dates and times.

Certified Lactation Consultant 641-236-2385

Consultation services are available to any mother wishing to breastfeed her baby. Call public health and ask to set up an appointment with Lisa Leris.

Immunization Clinic 641-236-2385

www.grmc.us/services/public-health
Light Center for Community Health, 306 4th Ave., Grinnell
Call for an appointment. The hours are posted on the website.

WIC Clinics (Well Child) 800-390-5293

Clinics are run out of the MICA office in Marshalltown. 641-753-4816

The current hours are listed below. Call in advance to sign up and to check times.

In Grinnell: Light Center for Community Health, 306 4th Ave.
3rd Tues., 8:30 am – 3:30 pm; 4th Tues., 8:30 am – 5:00 pm.

In Brooklyn: United Methodist Church, 603 Clay Street.
3rd Mon., 9:00 am – 2:00 pm

WIC gives vouchers for formula, milk, and nutritious food supplies, and medical referrals for income-eligible pregnant women, nursing mothers, and children to five years of age.

Central Iowa Family Planning 641-236-7787

www.cifp.org
717 5th Ave. Suite 4, Grinnell
See "Health and Medical Services," page 19, for complete entry.

Services for Children/Youth and Families

Mid-Iowa Community Action (MICA)

641-236-3923

FAX: 641-236-8704

www.micaonline.org

611 4th Ave., Grinnell

MICA is a private, non-profit organization serving children and families in central Iowa. Our vision is that MICA, in collaboration with our community partners, leads efforts to strengthen families and communities. Together, we create communities where fewer people find themselves in poverty and those who do, have a path out.

Services: Family Development Center; Head Start; Women, Infants and Children (WIC); Low-Income Home Energy Assistance Program (LIHEAP); house weatherization services; food pantry; family development programs; information and referrals for crisis intervention services.

Area Education Agency (AEA 267)

641-236-7596

www.aea267.k12.ia.us

726 5th Avenue, Grinnell

Early Childhood services, services for children with disabilities, work experience.

See the AEA entry in the Education section for more details.

Family Team Meetings (for families before DHS intervenes)

641-236-2385

Grinnell Regional Public Health, Light Center

Sometimes families need assistance in developing a plan for a problem or concern. A Family Team Meeting is a meeting of people chosen by the family to identify family strengths, needs, and resources. A plan is created that provides for the safety and wellbeing of children in the family. To refer or schedule a family team meeting, please call Grinnell Regional Public Health at

Iowa Department of Human Services (DHS)

641-792-1955

www.dhs.iowa.gov

Fax: 515-564-4017

115 North Second Ave. East, Suite H, Newton 50208

800-342-0829

Grinnell office by appointment only: 717 5th Ave., Suite 6.

Children and Families of Iowa (CFI)

641-682-3642

www.cf Iowa.org

408 East Main St., Ottumwa 52501

Mental Health Services, Family-Centered Services. Programs include 24/7 Dads, Community Partnerships for Protecting Children (CPPC), and DHS program Parent Partners.

Parent Partners (DHS program)

641-682-3642

www.dhs.iowa.gov/parent-partners

Apply through DHS.

This program is about parents helping parents who are involved with the child welfare system. Parent advocates are birth parents who have been through the “system” and have had successfully resolved cases. The primary goal is to help birth parents get their children returned to them. Parent partners provide support and motivation for those parents who need the extra push to begin their case plan activities. The program is funded by Iowa DHS and administered by Children and Families of Iowa.

Creative Hope Counseling 641-226-2665
www.creative-hope.com
Sara Erselius, LISW, RPT
Montezuma
Offers play therapy. Provides individual and group therapy for children & adolescents.

NOTE: For other counseling services, see the section on Mental Health, page 24.

Central Iowa In-Home Services 641-858-3852
www.cjjdc.com
Behavior Health Intervention Services (BHIS)
Clients must be Title 19 eligible. They may be referred by parents, JCO, DHS, School or other professionals.

Healthy Homes Family Services 712-307-6014
www.healthyhomesfs.com
806 5th Ave, Suite #2, Grinnell
Behavior Health Intervention Services (BHIS)
In-home skill building working with children age 3 to 17 years as well as their families struggling with a child's behaviors in the home or school setting. Medicaid and other major insurance are accepted. They also offer support groups.

Poweshiek County Community Services 641-236-9199
www.poweshiekcounty.org/general-assistance/ Fax: 641-236-1349
200 4th Ave West, PO Box 936, Grinnell
shiner@poweshiekcounty.org
General Assistance, Mental health funding for income-eligible. Service coordination, and services and support for people with disabilities in Poweshiek County.

Central Iowa Family Planning 641-236-7787
717 5th Ave. Suite 4, Grinnell
Reproductive health information for all, including teens.
See "Health and Medical Services," page 19, for complete entry.

Four Oaks 641-236-0900
www.fouroaks.org
821 5th Ave, Suite 101, Grinnell
A safety and permanency option that partners with DHS to keep and/or reunite children with their families.

Youth & Shelter Services of Marshall County – Host Home & TLP 641-752-2300
www.yss.org
11 East State St., Marshalltown 50158
Lighthouse Homes and apartments serve as residences for a unique Transitional Living Program targeting homeless, pregnant young women and young parents, ages 16-25. Shelter for young adults aging out of foster care. The program helps non-system-involved young mothers and fathers become independent and self-sufficient.

Quakerdale – Youth Shelter 319-233-2554
www.quakerdale.org
Waterloo shelter for at-risk youth; treatment-focused atmosphere.

Quakerdale – Promise Academy 641-497-5294
www.quakerdale.org
P.O. Box 8, New Providence, Iowa 50206
A residential academy for students ages 10 – 18 who seek a private alternative educational setting and desire to develop and work on academic, spiritual, work, career, and life skills.

Child Care Resource and Referral – CCR&R, Region 4 800-722-7619
www.iowaccrr.org
Central office: 808 5th Ave., Des Moines 50309
Local contact: Brenda O’Halloran, bohallowan@orchardplace.org 641-820-1923
Local office in the Community Center, Grinnell
CCR&R provides information about childcare providers; advocacy for childcare programs; parent referrals. This program is funded through DHS.

Early Care and Education (ECE) 641-792-KIDS (5437)
550 N 2nd Ave. W., Newton 50208
This is an ISU Extension Agency program that serves Jasper, Poweshiek, and Marion Counties.
It offers professional development classes for childcare providers.

Child Support Recovery Unit (CSRU) 888-229-9223
www.childsupport.ia.gov
204 1/2 West State Street, Marshalltown 641-753-6408

Internet resources

www.dhs.iowa.gov/A-Z-Services
This website lists several resources.

www.zerotothree.org. This website has some useful pamphlets from the American Pediatric Assn. and other sources discussing stages of child development.

Youth Activities

After-School Programs

Galaxy, Inc., Youth Programs in Grinnell
Closed in Dec. 2015

Studio 6 and Free Imagination – Grinnell Area Arts Council (GAAC) 641-236-3203
www.grinnellarts.org
926 Broad St., Grinnell
After-school arts program for children in grades K – 6.
Studio 6: M – Th. Sign up for 2 – 4 days per week. Tuition is charged; some scholarships are available.
Free Imagination: Fridays. Free (registration required)

Malcom-Sheridan Youth and After School Program 641-528-4004
Contact: Dawn Hamilton (cell: 641-990-4300)
Tuesdays, 3:30 – 6:00, at the United Methodist Church

Other programs and activities

Big Brothers / Big Sisters 641-260-0077
bbbsgrinnell@gmail.com
Big Brothers Big Sisters is a nationally recognized and professionally supported program aimed at helping kids recognize their full potential through one-on-one attention and encouragement provided by a carefully screened mentor. In Grinnell, approximately 40 kids are involved in our school-based and community-based programs at any given time. Children in kindergarten through 4th grade are matched with adults from the college and community. Typically the Little sees their Big weekly, usually at school for lunch/recess. Often a match already established continues to be supervised as the child transitions into Grinnell Middle School.
Parents interested in having their child be a part of this program can talk to the child's classroom teacher or contact Conni Gause at the phone or e-mail above.

Grinnell Recreation Department 641-236-2620
www.grinnelliowa.gov (Under Departments, find Parks and Recreation.)
Mailing address: 927 4th Ave, Grinnell Pool: 641-236-2621
Physical address: 1500 Penrose St., Grinnell
Programming for families, children, and youth. Scholarships are available for income-eligible families.

Drake Community Library 641-236-2661
www.grinnell.lib.ia.us
930 Park St., Grinnell
See their website for Story Time and other programs for children and youth.

Grinnell Little League

www.eteamz.com/grinnelllittleleague1

E-mail: GrinnellLittleLeague@gmail.com

The Grinnell Little League's mission is to teach youth, ages 4 – 14, the fundamentals of baseball and softball in a safe and fun environment.

Girl Scouts of America

641-236-6403

Contact: Linda Tish

E-mail: lmtish@iowatelecom.net

Boy Scouts of America

641-990-8405

Contact: Mike Sokol

E-mail: mssokol@windstream.net

Poweshiek County Extension – 4-H Program

641-623-5188

www.extension.iastate.edu/poweshiek

4-H empowers youth to reach their full potential working and learning in partnership with caring adults. To contact a club or join 4-H call Cathy Lents or visit the website.

Newton YMCA

641-792-4006

www.newtonymca.org

1701 S. Eighth Ave. E., Newton 50208

Services for the Elderly

Housing

Grinnell Health Care Center 641-236-6511
www.grinnellhealthcarecenter.com Fax: 641-236-6713
415 6th Avenue West, Grinnell
24-hour nursing care, fees vary

Mayflower Homes, Inc. 641-236-6151
www.mayflowerhomes.com 800-936-6151
616 Broad St., Grinnell Fax: 641-236-6154
Patio homes, Apartments, Assisted living, 24-hour nursing care

Saint Francis Manor 641-236-7592
www.stfrancismanor.com Fax: 641-236-8035
2021 4th Ave., Grinnell
24-hour nursing care

Seeland Park 641-236-7592
www.stfrancismanor.com Fax: 641-236-8035
2021 4th Ave., Grinnell
Duplexes, apartments, assisted living

Windsor Manor 641-236-8700
www.windsor-manor.com Fax: 641-236-9514
229 Pearl Street, Grinnell
Assisted living community

Brooklyn Community Estates 641-522-9263
www.brooklyncommunityestate.com Fax: 641-522-5684
406 North St., Brooklyn 52211
24-hour long-term and respite care

Montezuma Nursing & Rehabilitation Center 641-623-5497
www.careinitiatives.org/montezumanursingandrehabcenter/ Fax: 641-623-2297
316 Meadow Lane Dr., Montezuma 50171
24-hour nursing care

Services and Activities

Northeast Iowa Area Agency on Aging 641-236-3300
(formerly Hawkeye Valley Area Agency on Aging)
www.nei3a.org
821 5th Ave, Grinnell
Aging and disability resources. Services include Case Management

Life Long Links 866-468-7887
Call to access aging and disability resources of the Northeast Iowa Area Agency on Aging.

Senior Health Insurance Information Program (SHIIP) 641-236-2588
E-mail: kolson@grmc.us
Trained volunteers explain Medicare, Medicaid, and insurance billing. Free service.

DHS Department on Aging 515-725-3333
510 East 12th Street, Suite 2
Long-Term Care Ombudsman: Advocate for care facility residents 515-725-3327

Poweshiek County Veterans Affairs 641-236-5722
200 4th Ave West, Grinnell
Mon, Wed, Thurs. 8:00 am – 2:00 pm; Tues, Fri. 8:00 a.m. – noon.

Veterans Affairs (VA)
www.centraliowa.va.gov

Crisis Line	800-273-TALK (8255) Press 1
Women Vets Hotline	855-VA-WOMEN (829-6636)
Regional Benefits Office	800-827-1000
210 Walnut St., Des Moines 50309	
VA Clinic	877-424-4404
101 Iowa Ave., Marshalltown 50158	
VA Health Care	319-338-0581
601 Highway 6 West, Iowa City 52246	
Telephone Care (VA Nurse)	866-687-7382
M – F, 4 pm – 8 am; 24 hours on weekends and federal holidays.	

SE*ED Program 641-236-2593
www.grmc.us/classes-events/older-adult-programs
Drake Community Library, 930 Park St., Grinnell, Mondays, 10 – 11 am.
GRMC’s Senior Education Program provides programs designed for adults of any age to extend their knowledge on healthcare issues, diseases, nutrition, community resources, current and cultural events, as well as less conventional topics like art, biology, history, or religion. Visit the website for a schedule of classes. Transportation is available; call by Thursday before program.

Grinnell Senior Center 641-236-2612
927 4th Ave., Grinnell
Meals on Wheels, social activities, and referrals. Healthy Lifestyle Coordinator

Brooklyn Activity Center 641-522-5400
122 Jackson St., Brooklyn
Meals, social activities.

Education

Preschools

Head Start Contact the Head Start Specialist at MICA. 611 4th Ave., Grinnell Head Start is a federally-funded preschool program for children ages three through five, providing children the social, educational, health and nutritional services they need to grow up healthy, happy, and confident.	641-236-3923
Grinnell Community Daycare and Preschool (private) 1436 Penrose, Grinnell grinnelldaycare@iowatelecom.net	641-236-7214
Grinnell Newburg Preschool (public) 1310 Hobart St. (at Fairview School), Grinnell	641-236-2780
Community Preschool (private) UCC Congressional Church, 902 Broad Street, Grinnell	641-236-3111
Grinnell Christian Church Preschool (private) 1331 Hobart Street, Grinnell	641-236-5667
Grinnell College Preschool (private) 1207 Park Street, Grinnell	641-236-3320
Brooklyn Preschool (public) 1090 Jackson Street, Brooklyn 52211	641-522-7058
Montezuma Preschool (public) 504 N. 4th Street, Montezuma 50171	641-623-5129

Schools

Grinnell – Newburg Community School District www.grinnell-k12.org Administrative Office: 1333 Sunset, Grinnell	641-236-2700
Fairview Elementary School: grades preschool – 2 1310 Hobart St.	641-236-2780
Bailey Park Elementary School: grades K – 2 210 Eighth Ave.	641-236-2770
Davis Elementary School: grades 3 – 4 818 Hamilton Ave.	641-236-2790
Grinnell Middle School: grades 5 – 8 132 East Street South	641-236-2750
Grinnell High School: grades 9 – 12 1333 Sunset	641-236-2720

Independent Learning Center 1333 Sunset Formerly New Horizons Alternative H.S. and School-Within-A-School	641-236-2720
Central Iowa Christian School: grades K – 8 (private) www.centraliowachristian.org 201 380th Avenue, Grinnell	641-236-3000
Iowa Valley Community College District (IVCCD) www.iavalley.edu Grinnell Campus: 123 6th Avenue, Grinnell	641-236-0513
Iowa Valley Continuing Education (IVCE) High School Equivalency Diploma (HSED, formerly GED), ESL tutoring, continuing ed. classes	641-754-1348
Brooklyn – Guernsey – Malcom Community School District www.brooklyn.k12.ia.us 1090 Jackson Street, Brooklyn 52211	641-522-7058
Lynnville – Sully Community School District www.lshawks.org 12476 Hwy F62 E., Sully 50251	641-594-4445
Montezuma Community School District www.montezuma-schools.org 504 N. 4th Street, Montezuma 50171	641-623-5129

Education Agencies

Area Education Agency (AEA 267) www.aea267.k12.ia.us 726 5th Avenue, Grinnell Early Childhood services, services for children with disabilities; work experience. Open during the school year.	641-236-7596 Fax: 641-236-6261
AEA Marshalltown Regional Offices (Special Education Building) 909 South 12th Street, Marshalltown 50158	641-753-3564
English as a Second Language (ESL) – Kids trosenow@grinnell.k12.ia.us	641-236-6324
Network of Iowa Christian Home Educators (NICHE) www.the-NICHE.org PO Box 158, Dexter 50070 E-mail: info@the-niche.org	515-830-1614 800-723-0438

Employment Agencies

Iowa Workforce Development 800-562-4692
www.iowaworkforcedevelopment.gov 641-754-1400
3405 South Center Street, Marshalltown 50158 Fax: 641-754-1443
1000 East Grand Avenue, Des Moines 50319 515-281-5387

Promise Jobs 641-754-1400
www.iowaworkforcedevelopment.gov/promise-jobs
Provides work experience opportunities, job skills training, and family development to FIP recipients. To schedule a meeting in Grinnell, call the Marshalltown number listed here.

Denison Job Corps 712-265-2300
<http://denison.jobcorps.gov/> 800-733-JOBS (5627)
For young women and men 16-24 years old and solo parent program.
Second chance to graduate; vocational training. Must meet educational guidelines.

Mid-Iowa Community Action (MICA) 641-236-3923
MICA has information on applying for jobs. Through the Strong Parents Strong Children (SPSC) program they offer job coaching.

Iowa Vocational Rehabilitation Services 641-352-7942
www.ivrs.iowa.gov
204 W. State Street, Marshalltown 50158
The mission of Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.

Aventure 641-236-7470
www.aventure.com
820 4th Avenue, Grinnell

Jacobson Staffing 641-236-6808
929 Broad Street, Grinnell

QPS Employment Group, Inc. 641-236-9722
www.qpsemployment.com
1108 West St, Grinnell

TEMP Associates 641-236-9220
1029 Broad Street, Grinnell

Health and Medical Services

Hospital and related health centers

Grinnell Regional Medical Center (GRMC) 641-236-7511
www.grmc.us E.R. 641-236-2380
210 4th Ave., Grinnell

Light Center for Community Health – GRMC Public Health 641-236-2385
www.grmc.us/services/public-health
306 4th Avenue, Grinnell
Immunization clinics, communicable disease control, community care clinic, lead tests.

Postels Community Health Park 641-236-2953
www.grmc.us/services/integrated-medicine
807 Broad St., Grinnell
Massage and relaxation therapies; physical therapy; reflexology; etc.

Paul W. Ahrens Fitness Center 641-236-2999
www.grmc.us/services/wellness-services
824 Commercial St., Grinnell (Postels Comm. Health Park)
Exercise classes with on-site childcare.
Immediate family members of inpatients may use the PWA Fitness Center at no cost.

Programs at GRMC facilities

Manatt Family Urgent Care Clinic 641-236-2378
Check in on first floor of the Ahrens Medical Arts Building, 210 4th Ave.
Mon—Fri, 7 am – 7 pm., Sat, 9 am – noon.

Grinnell Regional Community Care Clinic (Free Clinic) 641-236-2385
Light Center. 2nd and 4th Thurs., 2 – 4 pm. Call for an appointment.
Free medical services for uninsured, low-income residents of Poweshiek County.

Blood Pressure Clinic 641-236-2385
Light Center. Thurs. 1 – 2 pm.

Grinnell Regional Babies Room 641-236-2385
See “Services for Expectant Mothers,” page 7, for complete entry.

WIC Clinics (Well Child) 800-390-5293
Call the Marshalltown MICA office for an appointment.
See “Services for Expectant Mothers,” page 7, for complete entry.

Immunization Clinic 641-236-2385
Light Center
Call for an appointment. Hours are posted on www.grmc.us/services/public-health

Grinnell Regional Home Care 641-236-2542
www.grmc.us/services/home-care
Light Center.
A home health agency

Adult Foot Care Clinic 641-236-2385
Light Center. 2nd, 3rd, and 4th Wed., 9:00 – noon.
Call Grinnell Regional Home Care for an appointment.

Grinnell Regional Women’s Health Clinic 641-236-2905
Ahrens Medical Arts Building, 2nd floor.

Grinnell Regional Hospice 641-236-2418
Support with end-of-life care, both in-home and in the hospital (GRMC).

Non-GRMC Medical Services

Midwest Ambulance Service of Iowa Emergency: 911
Non-emergency: 641-236-4080

Iowa Department of Public Health 515-281-7689
www.idph.state.ia.us 866-227-9878
321 E. 12th Street, Des Moines 50319-0075

Central Iowa Family Planning 641-236-7787
www.cifp.org
717 5th Ave. Suite 4, Grinnell
Confidential and affordable reproductive health care services for men and women, including yearly exams, testing and treatment of sexually transmitted infections, birth control method options counseling, emergency contraception, pregnancy testing and counseling. All clients are accepted regardless of their income/insurance status.

Referral Source Phone: 211
www.211.org
Through United Way. They offer free and confidential information for help with food, housing, employment, health care, counseling, and more.

Veterans Affairs (VA) Regional Benefits Office 800-827-1000
www.centraliowa.va.gov
210 Walnut St., Des Moines
For more information see entry in Services for Elderly, page 14

Partnership for Prescription Assistance 888-477-2669
www.pparx.org
Single-source prescription assistance

Iowa Prescription Drug Corporation 866-282-5817
www.iowapdc.org
\$3 Medication Voucher Program

<p>NeedyMeds www.needymeds.org Prescription drug card offers discounts at certain pharmacies.</p>	800-503-6897
<p>Home Health Agencies – Community Services of St. Francis 2021 4th Ave., Grinnell</p>	641-236-7717
<p>Iowa Department of Human Services (DHS) www.dhs.iowa.gov Local Child/Adult Abuse Hotline State-wide child/dependent adult Abuse Hotline E-mail: CJaspe01@dhs.state.ia.us Financial services include SNAP (food stamps) and medical assistance, and services for children and families.</p>	800-342-0829 641-792-1955 800-362-2178
<p>Iowa Brain Injury Information Center Brain Injury Association of Iowa 317 East 6th Street, Des Moines 50309</p>	800-444-6443
<p>Iowa Statewide Poison Control Center www.iowapoisson.org 401 Douglas Street., Ste. 402, Sioux City 51101 Emergency or urgent question: 800-222-1222</p>	800-222-1222
<p>Total Rehab 234 West St, Grinnell Orthopedic & sports specialists, physical therapy, strength & conditioning, work posture education</p>	641-236-4506
<p>Visiting Nurse Services (VNS) of Iowa www.vnsia.org 1111 9th St. Ste. 320, Des Moines 50314</p>	515-288-1516

Dental Services

I-Smile

515-557-9023

www.ismiledentalhome.iowa.gov

An I-Smile dental professional does child dental screenings at the Light Center the 3rd and 4th Tuesdays of the month.

Mother-Child Wellness Program

641-236-2006

Serves families in Mahaska, Poweshiek, and Jasper Counties who have household income of 200 percent of poverty level or under. They can assist in finding dental care and screenings.

Poweshiek County Dental Coalition

515-650-1877

E-mail: PoweshiekDentalCoalition@gmail.com

Promotes screening and dental clinics for children 0 – 18. Voucher funds are available for dental care for children who are underserved.

Vision

Lion's Club

Referrals through school nurses and support staff.

They do screenings in Head Start and other preschool classrooms and help provide glasses to children from low-income families.

Prevent Blindness Iowa

515-244-4341

www.preventblindness.org/iowa

1111 9th St. #250, Des Moines 50314

Sight for Students program. Referrals and applications are available through school nurses and support staff.

Support Groups

Bariatric Surgery Patient Support Group 641-236-2998

Tomasek Conference Center, GRMC, 1st Saturday, 9 – 11 am.

This group provides education for GRMC patients who have had gastric bypass surgery.

Breastfeeding Class 641-236-2324

Given once per quarter. Call for information.

Breastfeeding Support Group 641-236-2385

Light Center, First Tues. of each month, 10:30 am.

Cancer Support Group 641-236-2568

Every Tuesday, 9:30 – 10:30 am.

E-mail: LRomero@grmc.us

Caregivers Support Group

E-mail: BGallegos@grmc.us

First Presbyterian Church, 1025 5th Ave, Grinnell

Fourth Tues. of each month, 10 – 11 am.

Diabetes Living Support Group 641-236-2488

Tomasek Conference Center, GRMC, 2nd Monday of odd months, 7 – 8 pm.

This support group meets monthly and is open to all people with diabetes.

Grief Support Group

E-mail: bgallegos@grmc.us

Drake Community Library, 930 Park St., Grinnell, 2nd Wed. of each month, 10 – 11 a.m.

Meet and Eat Bereavement Support 641-236-2418

Tomasek Conference Center, GRMC, 1st Sunday of the month, 5:30 pm.

E-mail: shuls@grmc.us

This bereavement support group provides social opportunities for widows and widowers.

Individuals gather for a meal and social activities.

Lyme Disease Support Group

Support group for those who suffer from Lyme disease and their family or support persons. The group provides educational speakers, support, and discussion of treatment modalities. Contact:

Dale Lamb, Lamb Law Office

Alcoholics Anonymous (AA)

For a schedule of meetings, see the section on Substance abuse / Support groups, page 26.

ANAD: Nat'l Assoc. of Anorexia Nervosa and Associated Disorders 641-510-1141

410 Washington, Lot 31, Grinnell; Mon. 7:30 – 8:30 pm

Contact: Brooke Burkett.

Support group for men and women with bulimia or anorexia.

Medical Equipment

Grinnell Regional Home Care, Loan Closet 641-236-2385
210 4th Avenue, Grinnell

Hammer Medical Supply 641-792-9339
1719 1st Ave. E., Newton

Lincare 515-223-6078
Urbandale, IA (no longer an office in Grinnell)

Long Term Medical Supply 641-236-0608
929 Broad St., Grinnell

Medical Insurance

Hawk-I 800-257-8563
www.hawk-i.org
No- or low-cost health care coverage to children in working, income-eligible families.

Medicaid (also called Title 19) 800-338-8366
www.dhs.iowa.gov (Health care options are listed under the tab “Can we help?”)
Apply on line through the Iowa Department of Human Services website. MICA can also help you apply for various Iowa DHS services. For immediate coverage, see Outreach entry below.

Iowa Health and Wellness Plan 800-338-8366
www.dhs.iowa.gov (Link to Medicaid.)
This is an Iowa Medicaid program, new in 2014, that covers adults ages 19 to 64. Eligible member income is at or below 100 percent of the Federal Poverty Level.

Outreach 641-236-2385
This program helps families who think they may qualify for Medicaid or Hawk-I. It allows eligibility on same day notice and covers the same benefits as Medicaid. For information, please call the Light Center, or contact VNS of Iowa at 515-558-6240

Mental Health

Suicide Prevention Lifeline 800-273-8255
www.suicidepreventionlifeline.org

Grinnell Regional Mental Health Clinic 641-236-2347
www.grmc.us/services/mental-health
210 4th Ave, Grinnell
Ahrens Medical Arts Building, third floor; M – F, 8:00 am – 4:30 pm.

The Station Clubhouse 641-236-5325
729 Pearl Street, Grinnell
E-mail: station@pcpartner.net
The Station Clubhouse is a psychosocial rehabilitation program for adults with a mental illness. It includes work-oriented living skills, and socialization activities in a safe and supportive environment, as well as in-home community support services.

Linda Knierim, LISW 641-236-3090
715 5th Avenue, Grinnell

Jeff Wells, LMFT, CADC 641-236-4680
www.goodtherapy.org/jeff-wells-therapist.php
815 1/2 5th Ave., Grinnell
Individual therapy for adults and older adolescents; substance abuse evaluation and counseling

Collaborative & Strength-Based Counseling 641-236-8811
www.GrinnellCounseling.com
Kun-Hong Lu, LISW

Davis Psychological Services, PC 641-236-0632
www.davispsychservices.org
Dr. Brandon Davis
821 5th Avenue, Suite 201, Grinnell

Creative Hope Counseling 641-226-2665
www.creative-hope.com
Sara Erselius, LISW, RPT
Montezuma
Offers play therapy. Provides individual and group therapy for children & adolescents.

Prelude Behavioral Services (formerly MECCA)
www.PreludeIowa.org
3451 Easton Blvd, Des Moines 50317 515-262-0349
430 Southgate Ave, Iowa City 52240 319-351-4357
Prelude provides an array of services including substance abuse and problem gambling treatment, outpatient and residential treatment, halfway and transitional housing, and case management.

- Healthy Homes Family Services** 712-307-6014
www.healthyhomesfs.com
 806 5th Ave, Suite #2, Grinnell
 In-home skill building working with children age 3 to 17 years as well as their families struggling with a child's behaviors in the home or school setting. Families must have Medicaid health insurance to qualify. All major insurances accepted for outpatient therapy. They also offer support groups.
- Capstone Behavioral Healthcare** 641-792-4012
www.capstonebh.com
 306 N. 3rd Avenue E., Newton 50208
 Psychiatric therapy for mentally ill; help with substance abuse.
- Midwest Counseling, LLC** 319-668-1217
www.midwestcounselingllc.com
 523 ½ Court St., PO Box 313, Williamsburg, IA 52361
 Grinnell Office: 821 So. 5th St., Suite 208; various hours M – F
 Jessica McNaul, LMHC, NCC, offers counseling in Grinnell.
 Dr. Robert Detlefsen, DNP, sees all ages and offers psych med management.
 All major insurance accepted; sliding scale available.
- NAMI (National Alliance for the Mentally Ill)** 641-792-2441
www.nami.org or www.namiiowa.com
 Congregational United Church of Christ, 308 E. 2nd St. North, Newton
 NAMI Jasper County support group: 4th Monday each month at 6:30 pm

CADC	Certified Alcohol and Drug Counselor
LISW	Licensed Independent Social Worker
LMFT	Licensed Marriage and Family Therapist
RPT	Registered Play Therapist
DNP	Doctor of Nursing Practice
LMHC	Licensed Mental Health Counselor
LCSW	Licensed Clinical Social Worker
NCC	National Certified Counselor
LPC	Licensed Professional Counselor

Substance abuse / Support groups

Support Numbers

Substance Abuse Helpline	800-662-4357
Methamphetamine Hotline	888-664-4673
Iowa Drug and Alcohol Helpline	800-242-4111
Al-Anon	800-344-2666
AA Hotline	800-207-2172

24 hour Answering Service

Des Moines	515-282-8550
Cedar Falls	319-232-4117
Cedar Rapids	319-365-5955

Substance Abuse Treatment Unit of Central Iowa (SATUCI)

641-236-8662

www.satuci.com

927 4th Avenue, Community Center, second floor, Grinnell

Mon. and Wed., 8 am – Noon, 1 – 5 pm.

Evaluations, outpatient treatment, prevention and education

Jeff Wells, LMFT, CADC

641-236-4680

www.goodtherapy.org/jeff-wells-therapist.php

815 1/2 5th Ave., Grinnell

Individual therapy for adults and older adolescents; substance abuse evaluation and counseling

Alcoholics Anonymous (AA) Meetings

641-236-0270

United Church of Christ, 902 Broad St, Grinnell

Mon. & Thurs. at noon: (Alley entrance, downstairs)

St. Paul's Episcopal Church, 6th and State, Grinnell

Tues., Thurs., Sat., Sun. at 7:30 pm

Meeting for women: first Sat. of month at 9:00 am

Grinnell College campus, 1233 Park St. ("CRSSJ Prayer Garage")

Mon. at 7:00 pm (Enter from side door facing 8th Ave.)

Narcotics Anonymous

641-236-0270

Station Club House, 729 Pearl St., Grinnell

641-821-9565

Fri. at 7:30 pm

Al-Anon Meetings

888-4AL-ANON

www.ia.al-anon.alateen.org

Support group for families of alcoholics.

Moms off Meth (MOMs)

641-673-0336

Contact Jackie Allen Black, Crisis Intervention Services, jackie@cismc.org

Disability Services

- Central Iowa Community Services – Poweshiek County Office** 641-236-9199
www.poweshiekcounty.org/central-point-of-coordination/ Fax: 641-236-1349
200 4th Ave West, PO Box 936, Grinnell
bdaily@poweshiekcounty.org or brenda.daily@cicsmhds.org
General Assistance, Mental health funding for income-eligible. Service coordination, and services and support for people with disabilities in Poweshiek County.
- CIRSI** 641-236-1382
821 5th Ave. #205, Grinnell
Community-based services for the mentally disabled
- Diamond Life Health Care** 641-623-5715
4912 Barnes City Rd, PO Box 820, Montezuma 50171
Contact: Debbie Van Wyk
Residential Care Facility (RCF) for the mentally ill and mentally disabled
- Lutheran Services in Iowa** 641-792-1541
109 N. 2nd Ave. E., Newton
Services for people with mental illness or mental disability
- Genesis Development** 641-236-0230
www.genesisdevelopment.com
925 Broad St., Grinnell
Provides support for people with disabilities, including supported community living services.
- The Arc of Poweshiek County**
Contact: Karen Veerhusen-Langerud
veerhuse@grinnell.edu
Advocacy for children and adults with intellectual and developmental disabilities.
- The Arc of East Central Iowa** 800-843-0272
www.arceci.org 319-365-0487 ext. 1053
680 2nd Street S.E., Suite 200, Cedar Rapids 52401
- Goodwill Industries** 515-265-5323
Des Moines Headquarters
Supported training and employment for mentally ill and mentally disabled.
- Special Olympics Iowa** 515-986-5520
551 Dovetail Rd., PO Box 620, Grimes 50111
rschwarzkopf@soiowa.org
- DHS Department for the Blind** 515-281-1333
524 4th St., Des Moines 50309

Iowa Vocational Rehabilitation Services

641-352-7942

www.ivrs.iowa.gov

204 W. State Street, Marshalltown 50158

The mission of Iowa Vocational Rehabilitation Services is to work for and with individuals who have disabilities to achieve their employment, independence, and economic goals. IVRS works with sophomores in high school through adults. Services offered include: college funding, job training, employment search, assistive technology, medical and psychological assessment, physical/mental restoration services which may include therapy, wheelchairs, hearing aids, etc., job coaching, career guidance and counseling. For more information about the full spectrum of services offered, visit the website.

Domestic Violence/Sexual Assault

Sexual Abuse Hotline 800-779-3512
Sexual Abuse, Iowa 800-284-7821
Domestic Abuse Hotline 800-942-0333
Crisis Center Hotline 641-683-3122

National Sexual Assault Hotline 800-656-HOPE (4773)

Crisis Intervention Services

www.stopdvsa.org

Sexual Assault Crisis Line 800-270-1620
Emergency Housing Crisis Line 844-673-5499
Main Office: 500 High Ave. West, Oskaloosa 52577 641-673-0336
Grinnell Office: 927 4th Ave., Grinnell 641-670-1436
semi-regularly staffed, 8:30 am – 5:00 pm.
Sexual assault and shelter-based services; a support group meets in Oskaloosa.

Crisis Center 800-464-8340
PO Box 446, Ottumwa 52501 641-683-1750
Ask for the Domestic Violence Advocate for Poweshiek and Tama counties
Domestic abuse services. The Ottumwa shelter has closed; women are referred to the Oskaloosa shelter. (Transportation is available.)

Deaf Iowans Against Abuse

www.csddiaa.org

Iowa Coalition Against Sexual Assault 515-244-7424

www.iowacasa.org

Services include training and certification for victim counselors and advocates; referrals to other agencies.

Iowa Coalition Against Domestic Violence 515-244-8028

www.icadv.org

Services include training and certification for victim counselors and advocates; referrals to other agencies.

Legal Services

Iowa Legal Aid www.iowalegalaid.org Legal hotline for older Iowans (M – F, 9 am – 4:30 pm) Free legal counseling for elderly and income-eligible individuals and families. Mon – Fri, 9:00 – 11:00 and 1:30 – 3:30 (except Thurs. afternoons). Apts available on the 3rd Thurs., 9:30 am – noon, at the Grinnell MICA office.	800-532-1275 800-992-8161 641-236-3923
Iowa Concern http://www.extension.iastate.edu/iowaconcern/legal.html	800-447-1985
Iowa Workman’s Compensation www.iowaworkforcedevelopment.org 1000 East Grand Ave., Des Moines 50319	515-281-5387 800-562-4692
Find-A-Lawyer – Attorney Referral Service www.iowafindalawyer.com Service of the Iowa State Bar Association Lawyers found through this service charge \$25 for the first 30 minute consultation.	800-532-1108
Disability Rights IOWA www.disabilityrightsowa.org 400 East Court Ave., Suite 300, Des Moines 50309 Law Center to promote and defend human and legal rights of disabled and mentally ill.	800-779-2502 TTY: 866-483-3342 Fax: 515-278-0539
Grinnell Police Department 1020 Spring St, Grinnell Occasionally gives rides to homeless individuals.	(non-emergency) 641-236-2670
Poweshiek County Sheriff Office www.poweshiekcosherriff.com 4802 Barnes City Rd., PO Box 297, Montezuma 50171	641-623-5679
Poweshiek County Attorney Rebecca Petig	641-623-5134 Fax: 641-623-2820
Poweshiek County Clerk of Court www.poweshiekcourt.org/clerkofcourt.htm 302 East Main St., PO Box 218, Montezuma 50171	641-623-5644
Magistrate Court (Wednesdays)	641-236-2625
Poweshiek County Probation/Parole Office	641-673-7038
Iowa Attorney General www.iowaattorneygeneral.gov	515-281-5164 Fax: 515-281-4209
Office of Ombudsman www.legis.iowa.gov/Ombudsman Ola Babcock Miller Building, 1112 East Grand, Des Moines 50319 Investigates grievances about state and local governments.	515-281-3592 TTY: 515-242-5065 888-426-6283

Transportation

People Rides 888-616-4298

www.region6planning.org

903 E Main, Marshalltown 50158

641-752-6202

E-mail: Peoplerides@region6planning.org

Transportation within Grinnell 7:30 am – 3:30 pm, \$2.50 one way.

Transportation to out-of-town medical appointments is offered subject to driver availability.

A shuttle is available to Iowa City on the first Thursday of the month, \$10 each way; \$20 total.

Departs from Marshalltown, with pickups in Grinnell or locations en-route. ETA to Iowa City no sooner than 9:30 am; return no later than 3:30 pm (early if all clients are ready).

Vehicles are handicapped-accessible.

Call for rates, or visit the website.

All services are open to the general public, including persons with disabilities.

Dispatch hours: M – F, 7:30 am – 4:30 pm, answering machine available for afterhours messages. 24 hour advance notice preferred.

Access2Care 866-572-7662

(formerly TMS Transportation)

For Medicaid Non-Emergency Medical Transportation Program

Call center hours: M – F, 8 am – 5 pm.

Call at least 3 days prior to the appointment to schedule transportation.

Access2Care can act as a broker, helping transportation providers to receive Medicaid reimbursement for services.

Presbyterian Church Drivers Program 641-236-6059

Rides to scheduled medical and dental appointments.

Please call 2 weeks in advance if possible.

Community Hope Church 641-623-4673

Van Ministry between Montezuma and Grinnell only

ACME Cab Company 641-260-6371

Financial Assistance

Mid-Iowa Community Action (MICA) 641-236-3923

611 4th Ave., Grinnell

Emergency funds for rent, utilities, gas vouchers for medical appointments. Low-Income Home Energy Assistance Program (LIHEAP), budgeting assistance. VITA program for help filing taxes.

The Campbell Fund 641-236-2600

Grinnell Community Center, 927 4th Ave., Grinnell

Financial assistance for groceries, taxi services, utilities and medical services. for income-eligible Grinnell residents.

Central Iowa Community Services – Poweshiek County Office 641-236-9199

200 4th Ave West, Grinnell

General Assistance provides emergency assistance to Poweshiek County residents to meet basic needs such as food, shelter, medical and utilities. It is not intended to provide on-going, long-term assistance to any individual and/or family.

Salvation Army Poweshiek County Service Extension #261 641-623-3275

Located at the First Presbyterian Church, Montezuma

Call Welfare Secretary for information and an appointment – Darla Wilson,

Providing assistance within the county for a variety of emergency needs according to SA guidelines.

Grinnell Ministerial Association 641-236-6059

MICA will screen candidates for rent, utilities, gas vouchers for residents of Grinnell, Malcom, Newburg, and Searsboro. Grinnell Police Department distributes 1 time vouchers for hotel room and meals for transient persons.

Brooklyn Ministerial Association 641-522-9298

Presbyterian Church, 503 Clay St., Brooklyn

Montezuma Ministerial Association 641-623-3275

Local churches working together to meet needs of community residents. Community Needs fund is for emergency need and crisis situation and not for negligence, irresponsibility, or repeated use throughout the year. Application for assistance is available from client in-take worker (usually a pastor) at the Montezuma Food Pantry during their hours of operation. No immediate assistance available: may have a 72 hour wait for determination. Welfare secretary Darla Wilson available to answer inquiry calls.

Emergency Loan Program (SEG)

E-mail: grinnellmicrofinance@gmail.com

This program provides no-interest loans for emergencies such as car repair, temporary loss of income, or medical emergencies. It is also intended to serve as an alternative to predatory loans.

Mid-Iowa Credit Counseling

Ames

888-720-9049

Waterloo

641-234-0661

Des Moines

888-272-4118

Miscellaneous

National Runaway Service Crisis Line	800-621-4000
National Suicide Prevention Lifeline	800-273-TALK (8255) 515-233-2330 800-600-2330
Habitat for Humanity PO Box 782, 402 E 1st Avenue, Newton 50208 jaspercountyhabitat@gmail.com Call to donate building items, or to check if items are available for purchase.	515-250-8857
United Way Fund PO Box 121, Grinnell	641-236-7575
Social Security Administration	800-772-1213
Marshalltown Social Security 2502 South 2nd St., Marshalltown 50158	877-819-2595
American Red Cross www.redcross.org or www.redcross.org/local/ia This phone number will direct you to the Des Moines chapter, which is the closest chapter to Poweshiek County	800-951-5600
Poweshiek County Extension Office www.extension.iastate.edu/poweshiek 114 S. 3rd St., PO Box 70, Montezuma Poweshiek County Extension can assist you with making decisions that affect your family, community, business, or farm. They rely on ISU Extension for unbiased, research-based information and education to help you make better decisions.	641-623-5188
Conflict Resolution Center of Iowa PO Box 925, Grinnell Mediation services (formerly Iowa Peace Institute)	641-236-3939
Assurance Wireless www.assurancewireless.com Federal lifeline assistance providing free cell phones to income-eligible people.	888-321-5880
House of Compassion Shelter 211 W. Church St., Marshalltown 50158 Homeless shelter (men, women, and families) and soup kitchen	641-752-5999
Drake Community Library www.grinnell.lib.ia.us 930 Park St., Grinnell	641-236-2661

Christmas Shares

641-236-7402

Contact: Pam Montgomery, Grinnell

Program to help low-income families by purchasing gift items. Families should call to sign up for the program.

Christmas Joy

641-623-3275

Program offered through the Montezuma Ministerial Association to help low-income families living within the Montezuma school district with gifts for custodial children. Program collaborates with Christmas Share in Grinnell: families may sign up for one or the other program but not both. Sign up at the First Presbyterian Evangelical Church October the 4th weekend of the month: bring identification to serve as current address verification. Call for more information.