



PROTOCOL FOR STAFF REGARDING SYMPTOMATIC AND ASYMPTOMATIC EXPOSURE¹ TO COVID-19 JANUARY 12, 2022 UPDATE

What to do if:

1. You Tested Positive for COVID-19	2. You have been exposed¹ to a person who has tested positive for COVID-19	3. You have a household member who has tested positive for COVID-19
<ul style="list-style-type: none"> Isolate yourself, do not come to campus, and wear a mask at home and in the community as much as possible. We recommend that you contact a healthcare provider. Contact your supervisor and HR to notify of your need to be absent. If your health permits you to otherwise continue your duties and your position allows, work remotely. The College has provided up to 80 hours of Covid care time for staff members. Record time on your timesheet as SIOF if not working and SIWK if working. Return after at least 5 full days (day 6 or after), fever-free for 24 hours, and improving symptoms. (Loss of taste and smell may persist and need not delay the end of isolation.) 	<p>If you are fully-vaccinated³:</p> <ul style="list-style-type: none"> Continue normal routines including in-person work (masked) and monitor symptoms daily. PCR Test² day 5 after exposure. Contact provider or use Testlowa PCR test. If you test positive, see directions in column #1. If you develop symptoms see document entitled, Protocol for Employees Experiencing Symptoms⁴. You may also contact your healthcare provider for additional guidance. <p>If you are not fully-vaccinated or you have received a vaccine/booster exemption³:</p> <ul style="list-style-type: none"> Stay home for full 5 days and monitor symptoms. PCR Test² day 5 after exposure. Contact provider or use Testlowa PCR test. Contact HR and your supervisor to notify of your need to be absent. If your health permits you to otherwise continue your duties and your position allows, work remotely. The College has provided up to 80 hours of Covid care time for staff members. If you develop symptoms see document entitled, Protocol for Employees Experiencing Symptoms⁴. You may also contact your healthcare provider for additional guidance. If you test positive, see directions in column #1. 	<p>Wear a mask as much as possible in the home and at all times when indoors at work.</p> <p>If you are fully-vaccinated³:</p> <ul style="list-style-type: none"> Continue normal routines including attending in-person work (masked) and monitor symptoms daily. PCR Test² as soon as possible (day of exposure). If test results are negative, retest with PCR on day 5 after exposure. If you test positive, see directions in column #1. If you develop symptoms see document entitled, Protocol for Employees Experiencing Symptoms⁴. You may also contact your healthcare provider for additional guidance. <p>If you are not fully-vaccinated or you have received a vaccine/booster exemption³:</p> <ul style="list-style-type: none"> Stay home for full 5 days and monitor symptoms. PCR Test² as soon as possible (day of exposure). If test results are negative, retest with PCR on day 5 after exposure. If you test positive, see directions in column #1. If you develop symptoms see document entitled, Protocol for Employees Experiencing Symptoms⁴. You may also contact your healthcare provider for additional guidance. Contact HR and your supervisor to notify of your need to be absent. If your health permits you to otherwise continue your duties and your position allows, work remotely. The College has provided up to 80 hours of Covid care time for staff members. <p>If you have tested positive within the past 90 days and recovered and remain asymptomatic:</p> <ul style="list-style-type: none"> Continue normal routines and monitor symptoms If you develop symptoms see document entitled, Protocol for Employees Experiencing Symptoms⁴. You may also contact your healthcare provider for additional guidance. <p>If you need to care for your household member who has tested positive and/or needs to isolate:</p> <ul style="list-style-type: none"> The College has expanded the definition for use of the up to 80 hours of COVID care time to include care for a household member who has tested positive and/or needs to isolate or because of a temporary school closure. Work remotely if your position allows and it is feasible given the care responsibilities. Contact HR for further instructions.

¹ Exposure is when you have had close contact with a confirmed positive (within 6 feet for 15 minutes or more cumulative in a 24-hour period **without a mask**).

² Staff can contact HR (x4818) for a free rapid antigen test kit or Testlowa kit (subject to availability).

³ Fully-vaccinated means that your vaccines are up-to-date and you have received the recommended doses and boosters in the recommended timeframes. See CDC Vaccine guidance at <<http://uqr.to/13rrd>>.

⁴ <<http://uqr.to/13rqm>>